



Alone Together

Confronting Loneliness
Across the Lifespan



Naomi Ruth Cohen

Institute for Mental Health Education
at The Chicago School

Loneliness touches every stage of life. Join us for an engaging exploration of real experiences, research, and actionable ways to build connection and belonging



PANELIST

Nell Compernolle
Ph.D.



PANELIST

Sarah Bier
PMHNP-BC,
CNM-FPA, APN



PANELIST

Erin Arnheim
BBA, MEd



MODERATOR

Alisha DeWalt
Ph.D.

✓ In person tickets starting at \$15

✓ Up to 4 CE/CEU/PCD available

📅 **Saturday, May 16, 2026**

🕒 **9 a.m. – 5 p.m.**

📍 **Evanston Township High School**
1600 Dodge Ave. Evanston, IL

CONFERENCE SCHEDULE

09:00 AM Light Breakfast / Exhibit Hall

10:00 AM Panel Presentation

12:00 PM Lunch / Exhibit Hall

1:00 PM Breakout Sessions (2 rounds)

03:30 PM Community Connection Circles

04:15 PM Connection Reception



LEARN MORE
REGISTER NOW

Can't join in person? Register to view our panel presentation via free livestream.

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Illinois



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