

Welcome to the Twentieth Annual Mental Health Conference. We are honored to have the participation of James Holzhauer-Chuckas, Dr. Keeshawna Brooks, Dr. Jonathan Singer, Dr. Taya Kinzie, and Emily Her. We also extend our thanks to the incredible afternoon breakout session presenters. All our panelists and presenters are from Evanston and the Chicagoland area.

This conference is the product of many wonderful people to whom we owe our thanks. Special thanks to our host, Evanston Township High School. We are grateful to Dr. Margie Martyn, the Dean of The Chicago School's Chicago Campus, Tracy Levine, the Institute's Executive Director, and to our wonderful conference planning committee that makes this special day a reality. We also want to express our appreciation for the individuals and organizations who contribute the necessary sponsorship funds to make the conference a success.

**A word about logistics**. The panel presentation will take place in the Auditorium (A100) at 10:00 a.m. If you have a question for the panel, you may write it on the enclosed index card and hand it to a volunteer or submit it electronically via the online form using Sli.do (see insert). After the panel, you will have the opportunity to visit the exhibit hall and to pick up your lunch in the main office lobby. Please proceed to either N112 (inside) or the Sr. Courtyard (outside) for the opportunity to eat and network. After, you will attend your first assigned breakout session, which will begin at 1:15 p.m. Breakout Session B will begin at 2:45 p.m. Your selected sessions are on the back of your name tag.

**Please fill out your post session/post conference evaluation forms.** Your feedback will help us determine the content of future conferences and improve the conference format and presentations. We also need your support. All contributions to the Institute are tax-deductible and used only for programming. We want to continue to present our community conferences at a nominal cost and provide mental health education throughout the Chicagoland area. We also want to continue our other efforts to combat the stigma associated with mental illness. Donation envelopes are available.

**Mark your calendars.** Our Twenty-First Annual Mental Health Conference is tentatively scheduled for June 10, 2023 and will focus on the impact of trauma on mental health.

Please visit our website to learn more about the great work the Institute is doing in the community: **www.naomicoheninstitute.org** 

Thank you again for attending the conference!

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Marilyn and Larry Cohen