



Naomi Ruth
Cohen Institute
20th Annual
Conference
Breakout Session
Presenters



Abigail Natenshon,
CEDS, LCSW, MA
Eating Disorders: An
Integrative Disease
Requires an Integrative
Approach to Treatment



**Adriane "Addie" Van
Zwooll, MJ, LCSW**
Loyola University Chicago
Addressing Mental
Health Needs in Schools



Ana Belmonte, PsyD
*The Chicago School of
Professional Psychology*
The Impact of School
and Community Violence
on Adolescent Mental
Health



Angela Cummings,
PsyD
*American Foundation for
Suicide Prevention*
It's Real: Teens and
Mental Health



**William "Billy"
Kaplan, LCSW**
Housecalls Counseling
It's a Tough Time to be
an Empath, and a Good
Time to be Empathic



Bryn Jessup, PhD
Yellowbrick
Adolescents in the
Family; Raising
"Different Drummers"



David Baron, MD
Yellowbrick
Not Your Parents'
Cannabis: The Impact of
Cannabis on the
Emerging Adult Brain



Gail Petrich, PsyD
How to Help Teens
Cope with Family
Conflict & Separation



Hollie Sobel, PhD
*Psychological
Assessment, Consultation,
& Treatment*
How to Help Teens
Cope with Family
Conflict & Separation



**Jaimee Ory, LCSW,
CRADC, ACHT**
SamaraCare Counselling
ADHD in Teens:
Understanding an
Emotionally Complex
Diagnosis During an
Emotionally Complex
Time of Development



**Kelsey Jo Lantz, LPC,
NCC**
*Rogers Behavioral
Health*
Social Media and Mental
Health



Laura Grimes, LCSW
*Inclusive Insight
 Psychotherapy*
 Queer Teens & Identity:
 Understanding Teens
 with "Othered"
 Identities



Linzy Pinkerton, MS
Northwestern University
 Adverse Childhood
 Experiences (ACEs) and
 Trauma



**Mark Reinecke, PhD,
 ABPP**
Northwestern University
 Save a Life:
 Understanding and
 Preventing Teen Suicide



**Nina Henry, LCPC,
 CADC**
JCFS Chicago
 Straight Talk about
 Substance Use: How to
 Start the Conversation
 with Your Child



Orson Morrison, PsyD
DePaul University FCS
 Supporting the Mental
 Health & Wellness of
 Black Youth



Patricia Garibaldi, BA
Northwestern University
 Adverse Childhood
 Experiences (ACEs) and
 Trauma



Pete Myers, PsyD
Yellowbrick
 Emerging Adults;
 Growing Through
 Relationships and Real
 Life Opportunities



**Phil Martinez, MA,
 LCPC**
*American Foundation for
 Suicide Prevention*
 It's Real: Teens and
 Mental Health



**Sharon Weingarten,
 MSW, LSW**
What I Wish You Knew
 It's Real: Teens and
 Mental Health



Tara Gill, PhD
*Center for Childhood
 Resilience*
 Adolescent Mental
 Health: Social and
 Developmental Impact
 of COVID-19 Isolation



**Tom Golebiewski,
 PhD, LCSW**
Alchemy of Self Care:
 Heart, Science, and
 Compassion



Uma Guarnaccia, BS
Northwestern University
 Adverse Childhood
 Experiences (ACEs) and
 Trauma