

2015 Participating Organizations

A Safe Place
 Advocate Medical Group Behavioral Health
 Am Shalom
 Am Yisrael
 Angles
 Anshe Emet Synagogue
 Answers for Special Kids
 Apna Ghar
 Beth Shalom B'Nai Zaken Ethiopian Hebrew Congregation
 Beyond OCD
 Broadway Youth Center
 Chicago Community Counseling Centers
 Chicago Metropolitan Battered Women's Shelter Network
 Chicago Read Mental Health Center
 Chicago Sinai Congregation
 Chicago Veterans Resource Center
 Chicago Women's Health Center
 Child Care Network
 Columbia College Chicago:
 Dance Movement Therapy
 Community Counseling Centers of Chicago
 Community Mental Health Board of Oak Park Township
 Congregation Beth Am
 Congregation Beth Judea
 Congregation B'nai Jehoshua Beth Elohim
 Congregation B'nai Tikvah
 Congregation Emanu-El B'ne Jeshurun
 Congregation Or Shalom
 Congregation Rodfei Zedek
 Congregation Solel
 Congregation Sukkat Shalom
 David Klow and Associates
 Deborah's Place
 Dept. of Human Services-Div of Mental Health
 Des Plaines Police Dept.
 Dillon Consulting
 Ebenezer AME Church
 Elmhurst College - School for Professional Studies
 Emanuel Congregation
 ESAPC Coalition
 Evanston Community Foundation
 Evanston Police/Social Services Dept
 Evanston Township High
 Evanston Vet Center
 Family Service of Winnetka

First Presbyterian Church
 Glencoe Family Services
 Glenview Police Dept
 Grace Lutheran Church
 Haven Youth and Family Services
 Heartwood Center for Body, Mind, and Spirit
 Illinois Counseling Association
 Institute on Disability and Human Development
 Interfaith Action of Evanston
 Jesse Brown VA
 Jewish Community Centers
 Jewish Reconstructionist Congregation
 Josselyn Center
 Kol Hadash Humanistic Congregation
 Live Oak
 Loyola University of Chicago School of Social Work
 McGaw YMCA
 Metropolitan Family Services
 MHANS
 Mt. Zion Tabernacle Apostolic Church
 New Trier High School
 North Shore Congregation Israel
 North Shore Senior Center
 Northeastern Illinois University
 Riverwalk Counseling Center
 Rose Hill Center
 Rush University Center for Anxiety and Traumatic Stress
 Second Baptist Church
 Services for Adults Living in Their Homes
 Sibling Leadership Network
 Skylight Counseling Center
 St. Nicholas Parish
 St. Paul's Lutheran Church
 Supporting Brothers and Sisters
 Temple Beth El
 Temple Beth Israel
 Temple Chai
 Temple Jeremiah
 Temple Judea Mizpah
 Temple Shalom
 The Lilac Tree
 Turning Point
 Unitarian Church
 Vision for Change
 West Suburban Har Zion
 West Suburban Senior Services
 YWCA Evanston/North Shore

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The following are the Benefactors, Patrons and Sponsors for this year's conference.
 We thank them for their support.

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- Locus Therapy Center
- Mental Health America North Shore
- NAMI Cook County North Suburban
- New Foundation Center
- PEER Services
- Presence Saint Francis Hospital
- Rebecca's Dream
- Recovery International
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- Samaritan Counseling Center
- Table XI
- Thresholds
- Trilogy
- Womenscare Counseling Center

MEDIA SPONSORS

- Chicago Parent Magazine
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Fourteenth Annual Community Conference


NAOMI RUTH COHEN
 Institute for Mental Health Education
 at The Chicago School of Professional Psychology

Understanding and Overcoming the Stigma of Mental Illness

*"Stigma is not just erasing the prejudice of discrimination, it is promoting attitudes and behavior that reflect recovery and self-determination."
 – Dr. Patrick Corrigan*

**Sunday
 June 7, 2015
 9:30 a.m. - 3:30 p.m.**

**Beth Emet The Free Synagogue
 1224 Dempster Street
 Evanston, Illinois**

About Our Day and Our Speakers

Welcome to the Naomi Ruth Cohen Institute Community Conference on Understanding and Overcoming the Stigma of Mental Illness.

Our conference is designed to inform, teach, and learn more about this important issue. This knowledge will help you and others fight stigma, and be an advocate for change.

Doors will open at 8:30 a.m. for registration and exhibit viewing. The program begins at 9:30 a.m., with remarks from U.S. Congresswoman Jan Schakowsky (IL-9). Speakers include: Dr. Patrick Corrigan, Reverend Dr. Cheryl T. Magrini and Chris Prochut. After a question and answer led by Dr. Michael Horowitz, the first discussion group with lunch will begin at 12:15 p.m. Exhibits and reception will follow. The second discussion group begins at 2:15 p.m.

Please note: All discussion groups are eligible for CEU's and IAODAPCA CEU's. We are offering CE's for psychologists. Those discussion groups will be highlighted.

Additional Parking and Shuttle Service is available at Roycemore School, 1200 Davis St., (Asbury and Davis St.)

This conference would not be possible without the ongoing support of our donors, conference speakers, discussion leaders and volunteers to whom we are deeply grateful.

Marilyn and Larry Cohen
Founders, Naomi Ruth Cohen Institute

The Institute for Professional and Continuing Studies at The Chicago School of Professional Psychology is approved by the American Psychology Association to sponsor continuing education for psychologists. TCS maintains responsibility for this program and its content. For more information: nrcicommunityconference-ceinfo.weebly.com



Opening Remarks:



Congresswoman Jan Schakowsky (D-IL) is in her ninth term. Her top legislative priority has been ensuring access to quality, affordable health services. She is especially proud of her votes in favor of the Mental Health Parity and Addiction Equality Act and Obamacare.

She has introduced the Mental Health on Campus Improvement Act to improve access to mental health services on college campuses.

Panelists:



Keynote: Patrick Corrigan, Psy.D., is Distinguished Professor of Psychology at the Illinois Institute of Technology. His research examines the impact of stigma on recovery and rehabilitation. He is principal investigator of the National Consortium for Stigma and Empowerment, funded by the National Institute of Mental Health. Presentation: "Beating Stigma of Mental Illness: What Says the Do Do Bird" **CE**



Rev. Cheryl T. Magrini, Ph.D., is the chair of the National Depression and Bipolar Support Alliance and is President of DBSA Chicago Loop Chapter where she facilitates two support groups. She speaks on resiliency, spirituality and mental health, and living with bipolar disorder. She is on the ministry team at the First United Methodist Church at Chicago Temple.



Chris Prochut is the former Bolingbrook Police Commander and partner of Drew Peterson, is a mental illness awareness advocate and law enforcement suicide prevention trainer. Over the past four years, he has presented to over 3,000 law enforcement officers on the topic of suicide and depression warning signs and told of his personal experiences with the stigma of mental illness.

Conference Moderator:



Michael Horowitz Ph.D., President of TCS Education System leads a consortium of non profit professional colleges and graduate schools that include the Chicago School of Professional Psychology, Santa Barbara and Ventura College of Law, Pacific Oaks College & Children's School in Pasadena, Dallas Nursing Institute, and Saybrook University.

Discussion Groups

1 What We Tell Ourselves: From Self-Stigma to Reclaiming the Self:

Rev. Cheryl T. Magrini, Ph.D., National Chair, Depression and Bipolar Support Alliance

2 How Mental Illness is Portrayed in the Media:

Robert Lundin, co-author of "Don't Call Me Nuts! Coping With the Stigma of Mental Illness."; Mark Caro, Chicago Tribune Culture and Entertainment Reporter; Jessica L. Hutchison, LCPC, Co-Founder, Our Side of Suicide; Moderator: Patricia Arredondo, Ed.D., President, The Chicago School of Professional Psychology, Chicago Campus

3 Promoting Mental Health in the Workplace:

Debbie Homan, Thresholds; Sue Shimon, Executive Director, New Foundation Center

4 First Responders and Stigma:

Thomas Golebiewski, Ph.D.; Chris Prochut, former Bolingbrook Police Commander

5 Military Families Dealing with Stigma:

Sonya Ebhotemen, Peer Support Specialist; Captain James A. Lovell Federal Health Care Center; Eric Proescher, Psy.D., Jesse Brown VA

6 Coming Out Proud: A Guide to Disclose and Reduce Self Stigma:

Patrick Corrigan, Psy.D. (1st session only)

7 Illuminating Stigma and Mental Illness in the Aging Population:

David Fireman, LCSW, Director, Center for Grief Recovery and Creativity; Sharon Dornberg-Lee, LCSW, Clinical Supervisor, CJE SeniorLife

8 The Adolescent: Self Determination, Personal Empowerment:

Mark Reinecke, Ph.D., Director, Department of Psychology at Northwestern Feinberg School of Medicine; Beth Holzhauer, LCSW, Womencare Counseling Center

9 Spirituality: Finding Meaning in Crisis:

Rabbi Andrea London, Beth Emet Synagogue; Pastor Emeritus Robert Oldershaw, St. Nicholas Roman Catholic Church

10 Social Stigma Associated With the LGBT Communities:

Mark Lynn, Ph.D., The Family Institute at Northwestern University; Eric Vironet, MSW, LSW, SAGE Program Director, West Suburban Senior Services

11 Laws and Legislation Addressing Stigma:

Marvin Lindsey, V.P. Government Affairs at Community Behavioral Healthcare Association of Illinois

12 Coping With Thoughts and Emotions Caused by Stigma:

Joel Brotman, LCSW; Paula Young, Ph.D., The Family Institute at Northwestern University

13 How Different Cultures View Mental Illness:

Panel: Marcus Campbell, Principal, Assistant Superintendent Evanston Township High School; Sylvia Corcoran, LCSW, CADC; Mayra Chacon, Director, Center for Latino/a Mental Health at The Chicago School of Professional Psychology; Willis Francis, MSW; Moderator: Michael Horowitz, Ph.D., President, TCS Education System

14 Parenting a Child With Mental Illness:

Eric Crabtree Nelson, LCSW, Response Center; Peggy Kubert, MA, LCSW, Director, Erika's Lighthouse

15 The Emotional Impact on Family Members and How They Can Seek Help:

Gregg Sackrider, father of an adult; Marcia Colton, spouse; Pat Doyle, daughter: Susan Harris, mother of an adolescent; Moderator: Nancy Sussman, Program Director NAMI CCNS

16 Substance Abuse and Stigma; Celebrating Recovery:

Kate Mahoney, MSW, Director PEER Services; Beth Fishman, Ph.D., Manager, Jewish Center for Addiction, Jewish Child and Family Services **CE**

17 Stigma and the Scapegoat Phenomenon: Mental Illness as a Mirror of What we Fear in Ourselves:

David Daskovsky, Ph.D., Senior Psychologist, Yellowbrick **CE**

18 Warning! Leave Stigma of Mental Illness Outside the Doors of the School:

Candice Hughes, Ph.D., Associate Professor, The Chicago School of Professional Psychology; James Walsh, Ph.D., Associate Professor, The Chicago School of Professional Psychology **CE**

Registration Form

Register Online at:

www.nrcconference2015.eventbrite.com

Or Mail Completed Form to:

NRC Institute at The Chicago School
325 N. Wells St. Chicago IL 60654

Name: _____

Organization: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email Address: _____

Please give three choices for discussion group by #

(each discussion group will be offered twice)

1. _____

2. _____

3. _____

Please note: We will be providing lunch.

Please check : Turkey _____ Tuna _____

Veggie _____ No Lunch _____

Registration Fees:

\$50 before 5/20/2015 \$ _____

\$55 after 5/20/2015 \$ _____

\$20 LCSW, LCPC, CEU (5) \$ _____

\$20 CE (5) \$ _____

No Charge IAODAPCA CEU'S (5.25) _____

Total Payment (full refunds through 5/31) \$ _____

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Method of Payment:

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PLEASE NOTE: SCHOLARSHIPS AVAILABLE