

About Our Day and Our Speakers

Mental illnesses affect women and men differently. Last year's Conference explored the mental health issues of women and girls. The 2009 Community Mental Health Conference will focus on mental health questions affecting men and boys.

It is estimated that one in four men have a disabling mental illness. Six million American men will be diagnosed with depression in any given year. Four times as many men as women commit suicide. Certain mental disorders predominantly affect men such as Attention Deficit Hyperactivity Disorder.

Millions of men suffer silently from mental illness. There is a myth that tough guys don't need help. Many may not know they have a treatable illness. They may only know they are irritable, angry, have little energy or can't sleep. They may feel weak or ashamed to admit these problems. The result, according to *Newsweek*, is "a hidden epidemic of despair that is destroying marriages, disrupting careers, filling jail cells, clogging emergency rooms and costing society billions of dollars in lost productivity and medical bills."

This year's panelists and discussion groups will address these critical issues. They will present the facts that boys and men and everyone who cares about them need to know. The 2009 Conference will again be an exciting and informative event.

If you want to know more about men's mental health issues – whether you are a professional, consumer, family member or part of the concerned public – you should attend the 2009 Community Mental Health Conference.

Panel of Experts



Melvin G. McInnis, M.D., is the Woodworth Professor of Bipolar Disorder and Depression, he is also Professor of Psychiatry and Associate Director of the Depression Center at the University of Michigan. He is Adjunct Professor in Psychiatry at Johns Hopkins School of Medicine. Dr. McInnis has written extensively and is known internationally as a expert in the diagnosis, genetics and clinical management of bipolar and depressive disorders in adolescents and adults. In 2007, he was elected Fellow of the Royal College of Psychiatry.



Ronald Levant, EdD, ABBP, is Dean and Professor of Psychology at College of Arts and Sciences at the University of Akron. He has authored, co-authored, edited or co-edited more than 300 publications including many involving the psychology of men, fathering and masculinity ideology in multicultural perspective. Dr. Levant is a Past President of the American Psychological Association and has received 17 professional awards. He has appeared on a number of television and radio shows including *20/20*, *The Oprah Winfrey Show* and *CBS News Nightline*.



Joseph Rogers is President and CEO of the Mental Health Association of Southeastern Pennsylvania and Executive Director of the National Mental Health Consumers' Self-Help Clearing House. At age 19 Mr. Rogers was diagnosed with paranoid schizophrenia and is currently diagnosed with bipolar depression. In 2005 he won the \$250,000 Heinz Foundation Award for his advocacy of mental health programs and he has also won the National Mental Health Association highest award, the Beers Award for consumer advocacy.

Closing Remarks



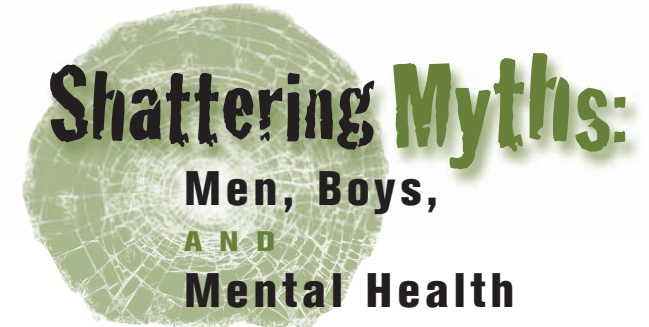
Rabbi Capers Funnye is the spiritual leader of Beth Shalom B'Nai Zaken Ethiopian Hebrew Congregation in Chicago. Rabbi Funnye also serves as the Chief Rabbi of the Pan American Jewish Alliance/Nigeria. He holds a Masters degree from Spertus College and is a frequent lecturer throughout Africa and the U.S.

Discussion Groups

- 1 Parenting Boys and Teens with Mental Illness** – Charles Jaffe, MD; Barrie Richmond, MD
- 2 Trouble in School: Mental Health Issues for Boys** – Tom Golebiewski, MSW, Ph.D.; Dan Paustain, MSW
- 3 Depression Basics: Unique Aspects for Men** – David Daskovsky, Ph.D.; Sara Gotheridge, MD
- 4 Mental Health of Men and Boys in the African-American Community** – Reginald Richardson, Ph.D.; Darryl Turner, MA
- 5 Role of Spirituality in Mental Health Recovery** – Father Robert Oldershaw; Rabbi Michael Schorin
- 6 Men and Childhood Sexual Trauma: Fostering Intimacy in Adult Relationships** – MaryJo Barrett, MSW; Jeff Levy, LCSW
- 7 Workplace Issues and Depression: Finding a Job, Keeping a Job, Losing a Job** – Maxine Topper, LCPC; Richard Rotberg, MA
- 8 Men and Addiction** – Kate Mahoney, LCSW; Bobby Carbage MS, CRADC
- 9 Male Sexuality and Identity** – David Klow, MSMFT; Greg Friedman, Ph.D.
- 10 Mental Health Issues for Veterans: Life After War** – Rick Zinbarg, Ph.D.
- 11 Mental Health Issues for the Older Male** – Dennis Beauchamp, LCSW; Rick Volden, Ph.D.
- 12 Is It True That Men Are from Mars? Men and Boys and Coping with Feelings** – Buddy Portugal, MSW, LCSW; Bob Mark, Ph.D.

Eighth Annual Community Conference


NAOMI RUTH COHEN
Institute for Mental Health Education
at The Chicago School of Professional Psychology



*A Conference
Open to Everyone Who
Wants to Know More
About Mental Illness*

**Sunday
May 31, 2009
12:45 p.m. – 5:30 p.m.**

**Beth Emet the Free Synagogue
1224 Dempster
Evanston, Illinois**

2009 Conference Sponsors

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Evanston NAACP
Evanston Substance Abuse
Prevention Council
Ezra Habonim Niles Township
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Families for Depression Awareness
Family Focus Evanston

The Family Institute at
Northwestern University
Family Service of Glencoe
The Family Service Center
Wilmette/Glenview/Northbrook
Family Service of Winnetka-Northfield
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Lieberman Geriatric Health Centre
The Lilac Tree: Resources for
Divorcing Women
LINKS – Northshore Youth
Health Service
Maine Center
Mental Health America of Illinois
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NAMI Cook County North Suburban
NAMI of Greater Chicago
National Runaway Switchboard
National Association of Social Workers
– IL Chapter
New Trier Township High School
New Trier Township Prevention Council
Niles Family Service

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NorthShore University HealthSystem
Oakton Community College
OCD Chicago
Organizacion Latina de Evanston (OLE)
Pathways to Promise
PEER Services
Recovery, Inc.
Response Center of JCFS
Rockford College
Rush University Medical Center –
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The Samaritan Counseling Center
Second Baptist Church
St. Athanasius Roman Catholic Church
St. Nicholas Parish
TARA – National Association
for Personality Disorder
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Temple Chai
Temple Jeremiah
Temple Judea Mizpah
Temple Shalom
Thresholds
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Union for Reform Judaism
Unitarian Church of Evanston
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Schedule of Events

11:45–12:45 p.m.
Registration
Exhibits Open



12:45 p.m.
Welcome
Rabbi Peter S. Knobel,
Rabbi, Beth Emet Synagogue

12:50 p.m.
Opening Remarks
Lawrence Cohen,
Naomi Ruth Cohen Institute

1:00 p.m.
Panel Presentation
Dr. Melvin McInnis
Dr. Ronald Levant
Joseph Rogers
*Please note that there will be a short break
before the question and answer period.*

3:00 p.m.
Break
Light sandwiches served in the Crown Room
Exhibits Open

3:45 p.m.
Discussion Groups
meet in assigned classrooms

5:10 p.m.
Concluding Remarks
Rabbi Capers Funnye

This program is underwritten by the Naomi Ruth Cohen Institute, a 501(c)(3) non-for-profit corporation. The Institute promotes educational programs such as this conference and supports organizations engaged in mental health research, education, self-help, anti-discrimination and advocacy. Contributions to the Institute may be sent to 325 N. Wells, Chicago, Illinois 60654.

Registration Form

Please return this form to:
The NRC Institute at the Chicago School
325 N. Wells • Chicago, Illinois 60654

Name: _____

Organization: _____

Billing Address: _____

City/State/Zip: _____

Daytime Phone: _____

E-mail Address: _____

My two choices for the breakout discussion session are:

Registration Fee:

\$30 before 5/23/09 \$ _____

\$35 after 5/23/09 \$ _____

Fee for Social Work and LCPC CEU's:

5 CEU's, \$35 \$ _____

I am unable to attend but would like to make the following donation: \$ _____

Total Payment \$ _____

Payment required at time of registration

Method of Payment:

Check (payable to Naomi Ruth Cohen Institute)

Please charge my: VISA MasterCard AMEX

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Register online at www.naomicohenfoundation.org
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