Sponsors

Advocate Congregational Health Partnerships

Telephone: 630.929.6107

Website: www.faithhealthtransformation.org

Advocate Congregational Health Partnerships works with faith communities to promote the health and well-being of their members and the communities they serve. We partner with UIC's Office for Community Engagement and Neighborhood Health Partnerships to support The Center for Faith and Community Health Transformation. The Center builds collaborations across faith-based and community partners to advance health equity by building community, nurturing leaders and connecting the unique spirit power of faith communities to promote social justice and abundant life for individuals, families and communities. The Center, along with other partners, has been convening the Trauma Informed Congregations Network to support faith communities in their role as places that foster resilience and healing for their members and the people that they serve.

Catholic Charities – LOSS Program

Telephone: 312.655.7283

Website: www.catholiccharities.net

The Loving Outreach to Survivors of Suicide (LOSS) program is a non-denominational program that supports those who are grieving the death of a loved one by suicide. LOSS offers a safe, non-judgmental environment where survivors of suicide can talk openly about their feelings and tragic experiences. The LOSS program has 13 ongoing monthly support groups and weekly support groups that meet throughout the Chicagoland area. The program offers individual counseling to adults, adolescents and children, and can also provide family counseling and parent consultation to assist in stabilizing the family unit after such a devastating loss. The LOSS program is available to support each individual's and families' unique struggle to regain hope and strength.

City of Evanston Health and Human Services

Telephone: 847.866.2957

Website: www.cityofevanston.org/health

The Evanston Health Department is one of only 4 certified municipal health departments in Illinois and is the oldest, having been established in 1874. The Evanston Health Department is the local face of a global network of professionals who strive to assure the public health through ongoing assessment of needs and policy development. The mission of the Evanston Health Department is to protect, preserve, and promote wellness for people who live, work, and play in Evanston through creative and sustainable partnerships.

Elyssa's Mission

Telephone: 847.697.9181

Website: www.elyssasmission.org

Elyssa's Mission® is a 501(c)(3) non-profit that provides resources to help prevent teen suicide. The community-based organization was founded in 2006 in honor of Elyssa, a bright, gifted and outgoing Chicagoland girl who bravely battled post-traumatic stress disorder and depression. Elyssa's Mission® provides hands-on support to area public and private schools and community organizations in order to educate students, staff and parents on how to recognize and assist those teens most at-risk. We have helped educate over 100,000 students since inception. Elyssa's Mission® funds and implements the evidence-based SOS Signs of Suicide® Prevention Program in over 90 middle and high schools in Illinois through our partnership with Screening for Mental Health®

Erika's Lighthouse: A Beacon of Hope for Adolescent Depression

Telephone: 847.386.6481

Website: www.erikaslighthouse.org

Erika's Lighthouse is a not-for-profit organization dedicated to educating, advocating and raising awareness about childhood and adolescent depression. Founded in June 2004, our mission is to "shed light on adolescent depression" through understanding, early identification, education and, most of all, stigma busting. We offer free of charge, a variety of programs, materials and activities designed to help teens in middle school and high school, their parents, teachers and mental health professionals identify depression and the behaviors that can lead to suicide. Our program philosophy and educational focus is rooted in the belief that depression education is the most promising approach to preventing teen suicide and is the first step in talking about other mental illnesses.

Family Action Network

Website: www.familyactionnetwork.net

The Family Action Network (FAN) is a non-profit organization operating in New Trier and Evanston Townships. Now in its 32nd year of operation, FAN curates a high-profile human development speaker series that focuses on mental health, education, positive child, adolescent and adult development, social-emotional learning and diversity. FAN events are free and open to the public and feature many of the top researchers, clinicians, educators and authors in the United States. Recent speakers this year include Bryan Stevenson, Claude Steele, Ph.D., Wes Moore, Frank Bruni, Andrew Solomon, Ph.D., Laurence Steinberg, Ph.D., Sara Lawrence-Lightfoot, Ph.D. and Bruce Perry, MD.

Family Focus

Telephone: 847.475.7570

Website: www.family-focus.org

Family Focus, located in the Weissbourd-Holmes Center, has become a local catalyst to making the welfare of children a community concern, where family and community grow and nurture one another. Establishing partnerships, mobilizing resources, pioneering new approaches and advocacy are the useful techniques that help us to reach our goals. The mission of Family Focus is to promote the well-being of children from birth by supporting and strengthening their families in and with their community.

Additional Support and Services:

- Early Childhood Development
- Parent Education
- Youth Development
- Family Advocacy
- Food Pantry and Clothes Closet
- Grandparent Raising Grandchildren Support Group

Family Institute at Northwestern University

Telephone: 847.733.4300

Website: www.family-institute.org

For 45 years, the Family Institute at Northwestern University has been committed to strengthening and healing families from all walks of life through clinical service, education and research. An affiliate of Northwestern University, the Family Institute is a unique, not-for-profit organization, governed by its own independent Board of Directors. The Institute offers a wide range of high quality, empirically informed, theoretically grounded, and culturally responsive behavioral health care through our staff practice and sliding-fee scale clinic, where we are committed to serving atrisk, under-resourced communities at each of our four locations: Evanston, Chicago, Northbrook and Westchester. The Family Institute also operates two nationally-renowned graduate programs in marriage and family therapy and counseling in affiliation with Northwestern University, and conducts leading-edge research that contributes to a better understanding and treatment of behavioral health issues.

Goldman Funeral Group Telephone: 847.478.1600

Website: www.goldmanfuneralgroup.org

The Goldman Funeral Group was founded in 2002. Its foundation is based on maintaining the highest standard of service and is committed to providing an everlasting tribute with compassion, dignity and respect, always aware that the family needs come first. Irwin Goldman, Owner and Funeral Director, personally oversees every aspect of the funeral service, from meeting with families in the comfort of their home or the chapel, to directing the service of a loved one. This *comprehensive care program* insures that the funeral service will be a beautiful tribute for your loved ones, family and friends. Services offered: Traditional Chapel Services in Buffalo Grove:

195 N. Buffalo Grove Rd., or in Skokie: 8851 Skokie Blvd.; Graveside Services; Synagogue or Temple Services; Alternative Services and Advance Funeral Planning Services are also available.

Housing Options

Telephone: 847.866.6144 Website: www.housingopt.org

Housing Options provides affordable housing and supportive services to adults recovering from chronic mental illnesses. Our programs and services are integrated to ensure our clients receive the support they need to recover and attain wellness and reclaim his or her life in the community. We serve individuals through our Community Care, Supportive Housing, and Supportive Employment (IPS) Programs. We encourage independent living and offer a safe and dignified alternative to homelessness and unnecessary institutionalization.

Jeffery Zacharias

Telephone: 773.883.3912

Email: Jeffery@new-hoperecovery.com

Jeff is a Licensed Clinical Social Worker (LCSW), Certified Sex Addiction Therapist (CSAT) and Certified Advanced Alcohol and Other Drug Abuse Counselor (CAADC) with extensive clinical experience in both mental health and addiction fields. Currently, he is the Clinical Director of New Hope Recovery Center in Chicago. He also maintains a private practice there. His areas of expertise are working within the LGBTQI community, all forms of addiction including with an individual as well as their partners, severe and persistent mental health issues and trauma with its impact on recovery. He is a member of NASW, NALGAP and NAADAC and currently serves on the Board of Directors for NALGAP. He has extensive experience speaking on issues related to addition and the LGBTQI community most notably at NCAD, NAADAC, NASW Illinois, the NASW National Conference and the NAMI National Conference. Additionally, he was voted the 2015 NASW-IL Social Worker of the year.

Medication-Induced Suicide Prevention and Education Foundation in Memory of Stewart Dolin (MISSD)

Telephone: 847.337.3038 Website: www.missd.com

The Medication-Induced Suicide Prevention and Education Foundation in Memory of Stewart Dolin (MISSD) is a non-profit organization dedicated to raising awareness and educating the public about the dangers and side effects that can be associated with taking medication, including Selective Serotonin Reuptake Inhibitors (SSRI's). These dangers include akathisia and other medication-induced reactions that can lead to suicidal thoughts and/or actions. MISSD's mission is to ensure that people suffering from these symptoms are accurately diagnosed and monitored, so that needless deaths are prevented. MISSD is not an anti-drug organization -- rather we look to inform people about potential side effects and encourage better monitoring of patients who have recently started, stopped or changed dosage of a medication that may cause these side effects.

Mental Helath America of the North Shore

Telephone: 847.328.6198 Website: www.mhans.org

Mental Health America North Shore promotes mental wellness in Chicago's northern suburbs through education and advocacy. We provide various community education programs for youth, families and those who work with them or are otherwise concerned about their well-being. We also provide continuing education for mental health and other human service professionals and participate in advocacy to promote mental health in north suburban communities. We focus primarily on wellness promotion, early attention to mental health problems and access to mental health services and other supportive programs for all who need them. Our soon to be revised website will provide access to confidential mental health screenings along with mental health information and resources. Mental Health America of the North Shore is an affiliate of Mental Health America, a national organization dedicated to mental health advocacy and education.

NAMI Cook County North Suburban

Telephone: 847.716.2252 Website: www.namiccns.org

The National Alliance on Mental Illness Cook County North Suburban (NAMI CCNS) is a national non-profit organization that provides education and support to persons with serious mental health conditions, as well as their families. It is a local affiliate of the National Alliance on Mental Illness and NAMI Illinois. We offer numerous programs, free of charge, including classes focusing on parents and caregivers of adolescents or adults with mental illness, support groups, school programs, hospital programs and other educational programs throughout the year. Our mission is to improve the lives of those that suffer from serious mental health conditions and those that care from them

New Hope Recovery Center Telephone: 773.883.3912

Website: www.new-hope-recovery.com

New Hope Recovery Center, Chicago's premier substance abuse treatment center, offers Partial Hospitalization, Intensive Outpatient, Aftercare and Individual Therapy. The "New Hope With Pride" program provides LGBTQIA-specific addiction treatment. New Hope's personalized, holistic treatment considers the whole person: mind, body and spirit. Our caring, experienced staff and small intimate setting provide the emotional, physical and spiritual healing necessary for our clients to identify the core issues underlying their addiction and to begin creating the extraordinary life they desire.

Northshore University Health System, Evanston Hospital

Telephone: 847.570.2500 option 2 Website: www.northshore.org

The Department of Psychiatry and Behavioral Sciences offers a full range of mental health services for adults, adolescents and children. Treatment occurs along a continuum of care including individual, group and family outpatient services, intensive outpatient and partial hospital programs and inpatient centers for both adults and adolescents. The crisis team provides comprehensive emergency psychiatric evaluations at any of our emergency departments located in Skokie, Evanston, Highland Park and Glenbrook Hospitals.

No Shame on U

Telephone: 773.398.8488

Website: www.noshameonu.com

No Shame On U is a Chicago based non-profit organization dedicated to eliminating the stigma associated with mental health and raising awareness in the Jewish community and beyond. Our goal is for the people who need help to seek it, for family members and friends to know how to provide proper support and to save lives.

Peer Services

Telephone: Evanston: 847.492.1778 Glenview: 847.657.7337

Website: www.peerservices.org

PEER Services' team of highly trained substance abuse prevention and treatment professionals recognize how anxiety and other mental health issues are often intertwined with substance use and dependence. We are able to help individuals and families find solutions to the complex needs they may be facing.

We provide:

- Substance abuse prevention
- Outpatient treatment for teens, adults and older adults
- Drug testing
- Consultation and speakers for schools and community groups
- Alcohol and other drug education
- DUI risk education classes.

Many services are covered by insurance.

Rebecca's Dream

Telephone: 773.423.7326

Website: www.rebeccasdream.org

Rebecca's Dream is a charitable foundation fueled by the dream of Rebecca Cutler – to help others receive the encouragement, hope, and support they need to cope with mental illness and live fulfilling lives. The mission of Rebecca's Dream is "to promote awareness and compassionate understanding of depression and bipolar disorder as real diseases." The primary goal of Rebecca's

Dream is to reduce the stigma of mental illness through education. As people understand the real facts about mental illness, they are better able to appreciate what their family or friends who suffer from depression or bipolar disorder are experiencing. Knowledge is power. Since 2005, Rebecca's Dream has created, sponsored, and supported various programs – from teen suicide prevention to demonstrations with collaborative theatrical partners – achieving our primary objective of education and compassionate understanding of mental illness.

Recovery International Telephone: 312.337.5661

Website: www.recoveryinternational.org

Recovery International is a community mental health organization that offers a self-help method of will training for individuals who suffer from fears, anger, depression, anxiety and panic attacks. There is no required fee or registration. Meetings are open to the public.

Rogers Behavioral Health-Chicago

Telephone: 814.615.3222

Offering comprehensive and individualized care, our Skokie location offers partial hospital and intensive outpatient programs for children, teens and adults with anorexia, binge eating disorder, bulimia, all other eating disorders, obsessive compulsive disorder (OCD), and all other anxiety disorders. PHP and IOP for adolescents (13-17) and young adults (18-30) with depression, bipolar disorder, and other mood disorders are also available. Our evidence-based treatment is led by an experienced multidisciplinary team. Patients have access to a continuum of care in Skokie and at our various locations in Wisconsin, Tampa, Nashville, Minneapolis, and Philadelphia. For more information on Rogers, contact Blair McAnany at 815-871-7284 or bmcanany@rogersbh.org.

Rosecrance Health Network Telephone: 815.387.5607 Website: www.rosecrance.org

Rosecrance is a private not-for-profit organization offering behavioral health services for children, adolescents, adults and families. Rosecrance offers comprehensive addiction services for adolescents and adults including prevention, intervention, detoxification, inpatient treatment, outpatient treatment, experiential therapies, dual-diagnosis care and family education. Rosecrance also offers high quality, efficient and effective outpatient mental health services for children, adults and families through a variety of programs. Rosecrance serves more than 17,000 families each year.

Samaritan Counseling Center Telephone: 847.446.6955

Website: www.northshoresamaritan.org

Samaritan Counseling Center offers professional counseling services that provide hope, healing and growth in a manner that is ethical and caring. Our Center offers a unique integration of psychotherapy and spirituality in our counseling, education and consulting services while

respecting all expressions of faith. We provide brief and long-term therapy for adults, adolescents and children. Our therapists can help with a broad range of issues including: anxiety, depression, marital and pre-marital relationships, grief, trauma, life transitions, family relationships and aging. SCC offers a sliding fee scale, and one third of our clients are eligible for reduced fees. We have twelves offices throughout Chicago-land in the following areas: Arlington Heights, Chicago, Deerfield, Evanston, Lake Forest, Libertyville, Mundelein, Oak Park, Wilmette and Winnetka. We are part of a larger network of Samaritan Centers in the Chicago area that also include SamaraCare Counseling in Naperville and Samaritan Counseling Center of the Northwest Suburbs/Barrington.

Shalom Memorial Park and Funeral Home

Telephone: 847-255-3420 Website: www.shalom2.com

Shalom Memorial Park and Funeral Home provides personal, distinguished cemetery and funeral services in a serene setting to Chicago-area Jewish families. With more than 60 years of experience providing exceptional and compassionate services a Jewish Cemetery, and more than a decade as a Jewish Funeral Home, Shalom Memorial has a tradition of supporting families though the difficulty of loss. Our promise is to provide comfort to the bereaved, to make arrangements simpler and easier, and to honor the memory of each loved one with the greatest dignity and respect

As the only Jewish Cemetery in our community to have a funeral Home located on its grounds, Shalom Memorial is able to provide an unparalleled level of integrated care to our community. The entire Shalom Memorial Park and Shalom Memorial Funeral Home staff works in concert to offer the comfort and compassion our community expects and deserves.

It is Shalom Memorial's mission to respect and care for our departed in the dignified and loving manner they deserve, while always serving the needs of the living.

Now and Always L'Dor v'Dor, from this Generation to the next.

Skylight Counseling Center Telephone: 847-529-8300

Website: www.skylightcounselingcenter.com

Skylight Counseling Center provides professional counseling services to individuals, families, couples, and groups. We are dedicated to the growth and development of our clients and ourselves. We aim to help people gain insight into themselves, and to live their lives with deeper passion, conviction and harmony. Our therapists utilize various modalities of psychotherapy and healing to provide the best possible opportunity for change. Our offices are in Skokie and in the Chicago Loop.

Suburban Behavior Consultants, Harvey Kelber, LCPC

Telephone: 847-323-7251

Email: Kelbeerlcpc@comcast.net

Harvey Kelber, LCPC owns the private practice Suburban Behavior Consultants. He has been in practice for 40 years and has offices in Wilmette and Schaumburg. He has a general practice, specializing in couples counseling. He has published an article on his model of couples work which is available. Email him directly.

The Center for Grief Recovery Telephone: 773.274.4600

Website: www.griefcounselor.org

Over the decades the Center for Greif Recovery has done as much as possible to increase understanding of the issues involved in bereavement and loss, working to sensitize both the lay and professional communities, while offering direct services to bereaved individuals. Our therapeutic services provide individual, family and group experiences. A number of different formats have been developed and several pamphlets published. Additionally, we provide staff training, consultation and presentations to institutions and groups. As the concept has grown, our mission broadened and we now serve those who have experienced any type of loss or emotionally intense situation. The Center's mission is to empower individuals to heal themselves and enrich their lives.

The Child, Adolescent and Family Recovery Center

Telephone: 847-457-6730 Website: www.cafrc.com

The Child, Adolescent and Family Recovery Center (CAFRC) provides outpatient and intensive outpatient programming to adolescents and their families in Lake Bluff, Hoffman Estates and Chicago. Our individually tailored program, including all clinicians, have been intensively trained in Dialectical Behavioral Therapy (DBT). Our program is designed to help adolescents and their parents address maladaptive, self-destructive behaviors. Our program utilizes a DBT approach while incorporating a number of other treatment modalities. For example, the program integrates components of a 12-step model, hands-on activities, and experiential therapies, including yoga and art. Additionally, all patients and families have access to 24-hour on-call for in-vivo skills coaching.

The Josselyn Center Telephone: 847.441.5600 Website: www.josselyn.org

Located in Northfield, Illinois, The Josselyn Center has a 65 year history of providing comprehensive, outpatient mental health services to 1,100 children, teens and adults from 63 north suburban communities. Services include psychiatric assessment and medication monitoring, individual couples and group therapy, psychological testing, art therapy, The Living Room, a Drop-In Center, and Camp Neeka, a therapeutic summer camp for children. The Josselyn Center

accepts Medicaid, Medicare and many private insurances, we offer a sliding fee based on income eligibility and we are dually accredited by CARF (Commission in Accreditation of Rehabilitation Facilities) and the Illinois Department of Human Services.

The Magrini Family Telephone: 847.530.8482

Pete Magrini, the Reverend Cheri Magrini and son John Magrini are devoted to educating and raising awareness on the symptoms and management of bipolar disorder in young adults. They offer hope and support to others who grieve as they tell the story of losing their son at age 23 to bipolar disorder.

The Renfew Center of Chicago Telephone: 1.800.RENFREW Website: www.renfrewcenter.com

The Renfrew Center has been the pioneer in the treatment of eating disorders since 1985. As the nation's first residential eating disorder facility, now with 18 locations throughout the country, Renfrew has helped more than 75,000 adolescent girls and women with eating disorders move towards recovery. Renfrew provides women suffering from anorexia nervosa, bulimia nervosa, binge eating disorder, and related mental health problems with the tools they need to succeed in recovery and in life. Renfrew's extensive range of services includes residential, day treatment, intensive outpatient, and outpatient programs. Each treatment level is built upon The Renfrew Center Unified Treatment Model for Eating DisordersTM, an evidence-based, emotion-focused therapy that addresses eating disorders and co-morbid symptoms. Within this model, individual and group therapy are enhanced with a diverse array of services to meet patients' needs. Renfrew accepts most major insurances and is a preferred provider for all levels of treatment.

Thomas Bolebiewski, Ph.D., LCSW

Telephone: 947.251.5506

Email: tomgolebiewski@outlook.com

Thomas Golebiewski, Ph.D., LCSW, a Board Certified Diplomat in Clinical Social Work, former Social Work Department Chair at New Trier High School, and a Clinician with over 40 years of Clinical Social Work practice in School, provides Psychotherapy, Counseling and Consultation with Adolescents, Adults, Families and Organizations. Areas of specialization include Crisis Interventions, School Adjustment Counseling, Domestic Violence Assessment, Intervention and Treatment (Lake County Court Approved Domestic Violence Evaluator and Treatment Provider); Consultation with Schools and Organizations on Mental Health Programs, Social Emotional Learning, Mindfulness Based Practice and Restorative Justice programs. Sliding Scales based upon financial need is provided.

U.S. Congresswoman Jan Schakowky

Telephone: 773.506.7100

Website: www.schakowsky.house.gov

Schakowsky has been a lifelong consumer advocate and a champion for, what she sees as, the disappearing middle class. From her days as a young housewife, she led the campaign to put expiration dates on food products to the 2008 passage of legislation she helped write, made children's products and toys safer. Jan has worked to make life better for working and middle class Americans. Jan was elected to represent Illinois' 9th Congressional District in 1998, after House Democratic leadership as a Chief Deputy Whip and as a member of the Steering and Policy Committee. She is a member of the Energy and Commerce Committee, where she is the Ranking Democrat on the Commerce, Manufacturing and Trade Subcommittee, and the House Permanent Select Committee on Intelligence where she is the Ranking Democrat on the Oversight Committee. For decades, Jan has identified her top priority as winning affordable, quality health care for all Americans.

Weinstein and Piser Funeral Home

Website: www.weinsteinandpiserfuneralhome.com

Weinstein Brothers was founded in the 1890's by Louis and Jacob Weinstein. Shortly thereafter Louis' son, Myron Weinstein, joined the company. In 1937, Myron began expanding the business, opening another funeral home on Devon Avenue. The business continued to grow. In 1970, Myron and his son, Joel, expended further by opening a state of the art location in the north shore suburb of Wilmette. By 1979, they opened their first location in southern Florida. With a tradition of compassion and the highest standards of service, Weinstein Funeral Home continues to serve the Chicagoland Jewish Community "the way it has always been." Since 1916, when Sam Piser first offered funeral care, the tradition of the professional funeral director has been to be honest, caring and community minded. Over the years with the addition of Gratch Mandel, Hartman & Miller, and Furth Funeral Homes, Piser Memorial Chapels grew to become the pre-eminent funeral provider serving the Chicagoland Jewish Community. Still today, Alan M. Yaffe (third generation) continues to uphold these traditions so vital to the Jewish People of Chicago.

Womencare Counseling Center Telephone: 847.475.7003

Website: www.womencarecounseling.com

Womencare Counseling Center's mission is to help individuals and communities restore life's meaning in the face of trauma and strengthen the capacity to form healthy relationships based on mutuality, respect, accountability and caring. Located in Evanston, Womencare was founded in 1978 by Laurie Kahn, MA, LCPC. Womencare therapists provide individual, group, couple and family counseling, in addition to offering educational and professional workshops. Professional development programs include: Trauma Informed Treatment, Summer Institute on the Relational Treatment of Trauma, The Pregnant Therapist, Natalie Haimowitz Postgraduate Therapist Fellowship Program, Trauma Consultation Training Program.