

Twelfth Annual Community Mental Health Conference Help, Hope, Healing After Trauma: A Conference for Survivors and Those Who Care Sunday, June 2, 2013

# **TODAY'S EXHIBITORS**

## **ADVANCED NEURODIAGNOSTICS**

Telephone: 224.676.0547

# Website: www.advanceneuroscience.wordpress.com

For many years the principles of Advanced Clinical Neuroscience involved the developing of innovative methods by Drs. Epstein and Konopka to provide objectively based diagnosis and individualized treatments to patients with presenting behavioral and cognitive disturbances. Drs. Epstein and Konopka are leaders in the fields of developing and utilizing multimodal approaches to diagnosis by means of neuroimaging combined with laboratory behavioral assessments. These approaches were validated by numerous peer reviewed publications and both national and international scientific presentations. It is also a training ground for new cadre of clinician scholars, and as such is actively involved in providing clinical and research opportunities to doctoral students in clinical psychology.

# ADVOCATE HEALTHCARE Telephone: 800.3.ADVOCATE

## Website: http://www.advocatehealth.com/addiction

The Advocate Addiction Treatment Program, formerly known as Parkside Lutheran General Hospital, is an outpatient addiction treatment program, designed to assist individuals who have a drug or alcohol addiction. For 45 years, our professionals have helped thousands of people overcome their addictions. We address the physical, emotional, social and spiritual needs of our patients and their families, leading the way in helping each patient reestablish a balanced life.

For more information or to schedule an assessment, please call 847-795-3921 or visit our website at advocatehealth.com/addiction.

## **APNA GHAR**

Telephone: 800.717.0757 Website: www.apnaghar.org

Apna Ghar provides **holistic services** across immigrant communities to end the cycle of domestic violence. Apna Ghar was the first emergency shelter and social agency in the United States serving South Asian victims of domestic violence. Today, all services are free and open to families regardless of ethnic origins, religion, socioeconomic status, and racial identity. Compassionate staff and volunteers have guided clients through difficult times with six comprehensive programs: 24-Hour Hotline; Shelter; Transitional Housing; Counseling; Legal Advocacy; and Supervised Visitation and Safe Exchange Center. Community outreach is a critical means to end the cycle of family violence. Strong community partnerships and collaborations complement Apna Ghar's in-house services.

## **CATHOLIC CHARITIES – LOSS PROGRAM**

Telephone: 312.655.7283

Website: www.catholiccharities.net

The Loving Outreach to Survivors of Suicide (LOSS) program is a free and non-denominational program that supports those who are grieving the death of a loved one by suicide. LOSS offers a safe, non-judgmental environment where survivors of suicide can talk openly about their feelings and tragic experiences. The LOSS program has 11 ongoing monthly support groups and weekly support groups that meet throughout the Chicagoland area. The program offers individual counseling to adults, adolescents and children, and can also provide family counseling and parent consultation to assist in stabilizing the family unit after such a devastating loss. The LOSS program is available to support each individual and family's unique struggle to regain hope and strength.

#### **CHIRO ONE**

Telephone: 773.290.3868 Website: www.chiroone.net

We believe in offering affordable chiropractic care to everyone who seeks it and that everyone should have the opportunity to experience optimal health through an optimal functioning spine and nervous system free of sublaxation (nerve interference) and its devastating effects. The power that made your body heals your body. We help that power to be expressed at its given potential in you. Our mission and purpose sums it up.

# **DEBORAH'S PLACE**

Telephone: 773.638.6539

Website: www.deborahsplace.org

Deborah's Place is Chicago's largest provider of supportive housing exclusively for women. Deborah's Place's mission is to break the cycle of homelessness for women in Chicago. Through a continuum of housing options, comprehensive support services and opportunities for change provided by dedicated volunteers and staff, women succeed in achieving their goals of stable housing, sustainable income and greater self-determination.

# **ELMHURST COLLEGE – SCHOOL FOR PROFESSIONAL STUDIES**

Telephone: 630.617.3300

Website:

http://public.elmhurst.edu/admission/school\_for\_professional\_studies Whether you're pursuing graduate studies or an undergraduate program for adults, the School for Professional Studies at Elmhurst College will open the door to a wealth of opportunities and advance your career. Our School for Professional Studies offers a wide array of programs for busy people and the Elmhurst College Online Center offers some programs entirely online, giving you maximum convenience and flexibility.

#### **ERIKA'S LIGHTHOUSE:**

#### A BEACON OF HOPE FOR ADOLESCENT DEPRESSION

Telephone: 847.386.6481

Website: www.erikaslighthouse.org

Erika's Lighthouse is a not-for-profit organization dedicated to educating, advocating and raising awareness about childhood and adolescent depression. Founded in June, 2004, our mission is to "shed light on adolescent depression" through understanding, early identification, education and, most of all, stigma busting. We offer free of charge a variety of programs, materials and activities designed to help teens in middle school and high school, their parents, teachers and mental health professionals identify depression and the behaviors that can lead to suicide. Our program philosophy and educational focus is rooted in the belief that depression education is the most promising approach to preventing teen suicide and is the first step in talking about other mental illnesses.

## **EVANSTON/CHICAGO VET CENTERS**

Telephone: Evanston 847.332.1019, Chicago 773.962.3740

Website: www.vetcenter.va.gov

The Vet Center program provides counseling (individual, family and group), referral and outreach services to US military veterans who served in combat zones or who experienced sexual trauma while on military duty. A part of the Department of Veterans Affairs; Vet Centers are located in small community settings. Most Vet Center staff are veterans themselves: most are mental health professionals. There are 6 Vet Centers in the greater Chicago area. There is no charge for Vet Center services – their military service has "pre-paid" this service for life!

# EVANSTON SUBSTANCE ABUSE PREVENTION COALITION Telephone: 847.951.0109

Website: www.esapcoalition.org

Evanston Substance Abuse Prevention Coalition was founded in 1984 and is a community-based group that envisions a healthy, drug-free Evanston. Members work together to positively impact Evanston youth where it matters most — at home, in school and the greater community — by preventing alcohol, tobacco and other drug use through community-level strategies. All ESAP Coalition members and those interested in learning more about the coalition are encouraged to attend our community meetings and events.

# HEARTWOOD CENTER

Telephone: 847.491.1122

Website: www.heartwoodcenter.com

Heartwood is a community-based center committed to providing holistic healthcare in Evanston and the greater Chicago area. Heartwood has been at the forefront of holistic healthcare for more than ten years and we are recognized for the compassion that infuses our work. Our dedicated practitioners and teachers provide a truly integrative approach to healthcare by offering a wide array of therapies and classes. People who experience our center call it serene, healing and magical; a place where they can stop, rest, and rebalance. Services offered include Psychotherapy, Acupuncture, Massage Therapy, Body Work, Yoga, Tai Chi, Meditation and more.

## **ILLINICARE HEALTH PLAN**

Telephone: 866.329.4701 Website: www.illinicare.com

IlliniCare Health Plan (IlliniCare) is a Managed Care Organization (MCO) contracted to provide services under Illinois' Integrated Care Program. Our unique integrated approach to serving people with cognitive impairment, including developmental disability and mental illness, includes co-locating physical health and behavioral health specialists in one location. Recovery and resilience outcomes are achieved by focusing on behavioral and functional status series that support physical health status improvements. Our philosophy is to engage consumers and advocates in the way services are provided and how we communicate. We do this through advisory councils and believe on going engagement ensures outcomes are achieved. We embrace a holistic functionally based approach to care coordination relying on a sound economic model of care rather than a diagnosis drive approach. Each consumer participates in an individual plan of care that facilitates access to care. IlliniCare is a wholly owned subsidiary of Centene Corporation, a leading multi-line healthcare enterprise offering both core Medicaid and specialty services. Our parent, Centene Corporation, currently serves about 90,000 people with disabilities in seven states and understands the unique needs of the people they serve. Public sector services are all they do.

#### JOSSELYN CENTER

Telephone: 847.441.5600 Website: www.josselyn.org

The Josselyn Center has been offering comprehensive affordable outpatient mental health services to children, adolescents, couples, families, and individuals on the North Shore since 1951. Services include evaluations; individual, couple and family therapy; psychological testing; psychiatric services; case management services; support and therapy groups; community education; Living Room Respite care, and Therapeutic day camp. The Josselyn Center accepts private insurance, Medicare, Medicaid, provides services on a sliding scale for eligible clients, and is in the Blue Cross Blue Shield of Illinois Network.

#### **LIVE OAK**

Telephone: 773.880.1310

Website: http://www.liveoakchicago.org

Live Oak is a community of helping professionals working together to enhance the emotional, psychological and spiritual well-being of individuals, families, organizations and communities. Our longevity and success derive from the inspirational courage of our clients, our deep commitment to learning, and a strength-based philosophy that fosters growth, strengthens identity, and promotes real and lasting change. Our core areas of competence include: affirmative practice with LGBTQ individuals and their families; trauma informed practice; creative and expressive therapies; and multicultural and multisystemic therapy. We enlist these areas of competence through psychotherapy, consultation, supervision, and organizational development.

#### MENTAL HEALTH AMERICA NORTH SHORE

Telephone: 847.328.6198 Website: www.mhans.org

The mission of MHANS is to educate our suburban Chicagoland community about mental health and social-emotional wellness, to dispel the stigma of mental illness, and to advocate for individuals and families affected by mental and emotional disorders. MHANS conducts educational programs, community outreach and legislative advocacy letter-writing. MHANS is a not-for-profit 501(c)(3) organization supported by private individual donations.

# **PASSAGES COUNSELING CENTER**

Telephone: 630.848.0445

Website: passagescounseling.net

Passages Counseling Center is a group practice made up of eight licensed, masters therapists with a variety of expertise. We offer individual, group, family and couples therapy, specializing in addictions, dual diagnosis, trauma/PTSD, grief and loss, life transition, mood and anxiety disorders, gender and parenting issues. Our training includes: Psychodynamic Therapy, EMDR, Motivational Interviewing, DBT, CBT, Gottman Method Couples Therapy, Brain Paint Neuro-feedback, Art, Poetry and Play Therapies. We treat children, adolescents, adults and accept a wide variety of insurance, managed care, self pay and sliding scale patients.

RECOVERY INTERNATIONAL Telephone: 773.695.6053

Website: www.lowselfhelpsystems.org

Recovery International is a community mental health organization that offers a self-help method of will training for individuals who suffer from fears, anger, depression, anxiety, and panic attacks. There is no required fee or registration. Meetings are open to the public.

**ROSEHILL CENTER** 

Telephone: 248.634.5530 Website: rosehillcenter.org

Rose Hill Center's psychiatric rehabilitation program is based on the belief that recovery takes place when people receive professional psychiatric care while participating in meaningful activity within a consistent, compassionate, dignified environment. Rose Hill's professional mental health team and support staff directs a comprehensive program, including clinical care, a therapeutic work program (kitchen, housekeeping, animal care, and horticulture), job readiness classes, social interaction, and recreation. Concurrently, a Rose Hill psychiatrist works closely with each patient to develop an effective medication regimen that establishes the stability required to participate in the rehabilitation process designed to help them achieve their highest level of independence.

### SAMARITAN INTERFAITH COUNSELING CENTERS

Telephone: 630.357.2456 Website: samaritancenter.org

Samaritan Interfaith Counseling Center is a non-profit mental health counseling center providing quality individual, group, marital, and family counseling and psychotherapy and

psychological testing to people of all ages. Samaritan values the role of faith in the healing process and is open and affirming of all faith perspectives. Samaritan works with a broad range of presenting problems including depression, anxiety, grief and loss, and older adult issues. Our Child & Adolescent Program serves children 2-18 and our Adult Program serves those over 18. Through our Access Program we are able to provide reduced-fee services to those without resources. Through Samaritan's Training and Resource Center various services are available to congregations, clergy and not for profit organization in areas such as leadership and organizational development. The Samaritan Centers of Greater Chicago collaboration includes Samaritan Interfaith Counseling Center, Samaritan Counseling Center of Winnetka, Samaritan Center of Barrington, and Samaritan Center of Michigan City, IN. Our goal is to provide healing and hope through affordable quality professional mental health services to all people throughout the Chicago land area.

**THRESHOLDS** 

Telephone: 773.537.3069

Website: http://www.thresholds.org

For over 50 years, Thresholds has been transforming the lives of thousands of persons with mental illness with award-winning recovery services. We believe that recovery from mental illness is possible, and we make it happen with healthcare, safe and affordable housing, employment, advocacy, research, and above all, hope. We reject the notion that anyone is a "lost cause," utilizing evidence-based practices, thoughtful supports, and strategic alliances to treat the whole person rather than just the disease. Thresholds offers 25 innovative programs at more than 70 locations throughout Chicago, the adjacent suburbs, and McHenry and Kankakee Counties.

**TURNING POINT** 

Telephone: 847.933.0051 Website: www.tpoint.org

At Turning Point, our vision statement, "Solid Support. When you need it most," is a promise to our community. Our mission is to serve people with mental illness, regardless of their ability to pay, with the same respect, compassion and professionalism we would expect for ourselves. We provide our expert support to people during some of the most difficult times of their lives. Turning Point has been providing essential mental health services to our community for more than forty years. Founded in 1969, the agency serves residents in communities throughout metropolitan Chicago and suburban Cook County.

YWCA EVANSTON NORTH SHORE

Telephone: 847.864.8445

Website: www.ywca.org/evanston

The YWCA Evanston/North Shore is the only comprehensive domestic violence program serving the northeastern metropolitan Chicago area. We have worked with women and children who are experiencing domestic violence for over 25 years. Our 24/7 crisis hotline offers domestic violence victims immediate intervention, emotional support and referrals. The crisis line is operated by both staff and trained volunteers.

Residential emergency services: Women and their children including boys up to the age of twelve may access our emergency domestic violence shelter MaryLous Place and stay up to 90 days.

Legal Advocacy: Our legal advocacy Program is housed at the Skokie courthouse. They provide legal information, emotional support and access to other resources while helping victims navigate the legal system.

Prevention and outreach: Committed to sopping the cycle of violence through early intervention we offer a violence prevention curriculum Building Healthy Relationships to local elementary, middle and high Schools.