

2013 Participating Organizations

Advanced Neurodiagnostics
 Advocate Medical Group Addiction Treatment Program
 Am Shalom
 Am Yisrael
 Anshe Emet Synagogue
 A Safe Place
 Aitz Hayim Center for Jewish Living
 Answers for Special Kids
 Apna Ghar
 Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation
 Beyond OCD
 Broadway Youth Center
 CARA Program
 Catholic Charities-LOSS Program
 Center for Anxiety and Traumatic Stress, Rush University Medical Center
 Chicago CBT Center
 Chicago Childrens Advocacy Center
 Chicago Community Counseling Centers
 Chicago Counseling Centers
 Chicago Jewish Funerals
 Chicago Metropolitan Battered Women Network
 Chicago Sinai Congregation
 The Chicago Veterans Resource Center
 Chicago Women's Health Center
 Chiro One Wellness Center
 Child Care Network
 Columbia College Chicago-Dance Movement Therapy
 Community Counseling Centers of Chicago
 Community Mental Health Board of Oak Park Township
 Congregation Beth Judea
 Congregation B'nai Jehoshua Beth Elohim
 Congregation B'nai Tikvah
 Congregation B'nai Torah
 Congregation Beth Am
 Congregation Emanu-El B'ne Jeshurun
 Congregation Or Shalom
 Congregation Rodfei Zedek
 Congregation Solel
 Congregation Sukkat Shalom
 Deborah's Place
 DHS Division of Mental Health
 Dillon Consulting
 Ebenezer AME Church
 Elmhurst College
 Emanuel Congregation
 Erika's Lighthouse
 Evangelical Covenant Church Evanston
 Evanston Community Foundation
 Evanston NAACP

Evanston Vet Center
 Family Focus
 The Family Institute at Northwestern University
 Family Service of Winnetka-Northfield
 Glencoe Family Services
 Grace Lutheran Church
 Haven Youth and Family Services
 Heartwood Center for Body Mind and Spirit
 Highland Park High School
 Illini Care Health Plan
 Illinois Army National Guard: 404 Maneuver Enhancement Brigade
 Illinois Counseling Association
 Institute for Disability and Human Development
 Institute for Juvenile Research
 Interfaith Action of Evanston
 The Josselyn Center
 Jewish Reconstructionist Congregation
 David Klow and Associates
 Kol Hadash Humanistic Congregation
 The Lilac Tree
 Live Oak
 Loyola University School of Social Work
 Mental Health America North Shore
 Mental Health Association Greater Chicago
 McGaw YMCA Evanston
 Metropolitan Family Services
 Mt. Zion Tabernacle Apostolic Church
 My Beloved Marriage Ministers
 New Trier High School
 Niles Family Service
 North Shore Congregation Israel
 Northeastern Illinois University
 Northshore Senior Center
 Pediatric BRAIN Center at UIC
 Recovery International
 Resurrection Behavioral Health Care-St. Francis
 Rose Hill Center
 Samaritan Counseling Center
 Second Baptist Church
 Services for Adults Living in their Homes
 St. Nicholas Parish
 Supporting Brothers and Sisters
 Temple Beth El
 Temple Beth Israel
 Temple Chai
 Temple Jeremiah
 Temple Judea Mizpah
 Temple Shalom
 The ARK
 Turning Point
 West Suburban Temple Har Zion
 Womencare Counseling Center
 YWCA Evanston Northshore

Schedule

9:00 a.m. to 10:00 a.m.

Registration

Exhibits open



10:00 a.m.

Welcome

Lawrence M. Cohen, Founder,
 Naomi Ruth Cohen Institute

10:10 a.m.

Spiritual Message

Rabbi Eleanor G. Smith, M.D.

10:20 a.m.

Panel Presentations

Dr. Bradley Stolbach
 Dr. Cassandra Kiesel
 Tonier Cain

Question and Answers

Moderator: Dr. Michael Horowitz

12:30 p.m.

Discussion Groups and Lunch in assigned rooms

1:35 p.m.

Dessert Reception and Exhibits

2:30 p.m.

Optional Second Discussion Groups

The Naomi Ruth Cohen Institute for Mental Health Education at The Chicago School of Professional Psychology reduces the stigma of mental illness through education and research. The Institute provides resources, hope, and community to those who struggle with mental illness and those who support them.

Sponsors

The following are the sponsors for this conference.
 We thank them for their support.

ORGANIZATIONAL SPONSORS

- Alexian Brothers Center For Mental Health
- Beth Emet The Free Synagogue
- The Center For Contextual Change
- City of Evanston Health Department
- Depression and Bipolar Support Alliance/ Chicago Loop
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- Jewish Federation of Metropolitan Chicago and its Affiliates (CJE Senior Life, JCC's of Chicago, Jewish Healing Network, Jewish Child and Family Services, Response Center)
- La Rabida Children's Hospital
- Lindner Center of Hope
- NAMI Cook County North Suburban
- NAMI of Greater Chicago
- New Foundation Center
- North Shore University Health System, Department of Psychiatry, Evanston Hospital
- Northwestern University Feinberg School of Medicine
- PEER Services
- Riveredge Hospital
- Rosecrance Health Network
- Trilogy
- Yellowbrick

BUSINESS SPONSORS

- Chicago Parent Magazine
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 325 N. Wells St. Chicago, IL 60654 312-467-2552

Twelfth Annual Community Conference



NAOMI RUTH COHEN
 Institute for Mental Health Education
 at The Chicago School of Professional Psychology

Help, Hope, Healing After Trauma: A Conference for Survivors and Those Who Care

The Impact of Trauma is realized by every age group, race, ethnicity, socio-economic group, gender, community, and workplace. This conference welcomes all who are interested in learning more about Trauma and decreasing the stigma of mental illness.

**Sunday
 June 2, 2013
 10:00 a.m. - 3:30 p.m.**

**Beth Emet The Free Synagogue
 1224 Dempster Street
 Evanston, Illinois**

About Our Day and Our Speakers

Welcome to the Twelfth Anniversary of the Naomi Ruth Cohen Institute Community Conference.

Panel presenter Dr. Bradley Stolbach writes, “Complex trauma has profound effects on development, personality, functioning, and the capacity to live, love, and be loved. Working with families coping with trauma, abuse, violence and poverty, we see every day the injuries suffered by traumatized children and the healing that occurs with trauma-focused interventions that support and strengthen survivors’ courage and resilience.” Dr. Cassandra Kisiel and Tonier Cain will join Dr. Stolbach on the panel.

Discussion groups will be led by highly experienced professionals who have studied and treated the many aspects of trauma.

If you want to know more about TRAUMA... whether you are a professional, family member or part of the concerned public, you should attend the Naomi Ruth Cohen 2013 Community Conference.

This event would not be possible without the ongoing support of our donors, conference sponsors, speakers and volunteers to whom we are deeply grateful.

Please join us for what will be an informative and stimulating event.

Larry and Marilyn Cohen
Founders, Naomi Ruth Cohen Institute

Spiritual Message:



Rabbi Eleanor G. Smith, M.D., After ordination from Hebrew Union College, Eleanor became assistant then associate Rabbi at Beth Emet. During her rabbinate she felt a calling to study medicine. She graduated from the University of Chicago and served her residency at North Shore University HealthSystem. She has recently opened a practice in Evanston.

Panelists:



Bradley Stolbach, Ph.D., Supervisor of Trauma-Related Psychological Services at La Rabida Children’s Hospital; Project Director of La Rabida’s Chicago Child Trauma Center and Associate Professor of Clinical Pediatrics, University of Chicago Pritzker School of Medicine.



Cassandra Kisiel, Ph.D., Principal Investigator and Project Co-Director for Treatment Services and Adaptation Center of the National Child Traumatic Stress Network; Research Assistant Professor at Northwestern University Feinberg School of Medicine.



Tonier Cain, Team Leader for the National Center for Trauma – Informed Care with the National Association of State Mental Health Program Directors. She survived a childhood of unspeakable abuse, unrelenting violence and was betrayed by the systems that were meant to help her. She will discuss the resiliency of the human spirit.

Conference Moderator:



Michael Horowitz, Ph.D., President and CEO of TCS Education System. He leads a network of nonprofit professional colleges that include Pacific Oaks College and Children’s School, The Chicago School of Professional Psychology, and The Santa Barbara and Ventura Colleges of Law.

Discussion Groups

1 * Trauma 101:

Seoka Salstrom, Ph.D., Co-Founder, Chicago CBT Center; Rachael Schuster, Ph.D., Chicago CBT Center

2 Impact of Trauma on the Brain:

Charles Jaffe, M.D., Assistant Professor of Psychiatry, Rush University Medical Center; David Hamilton, M.D., Associate Medical Director, Yellowbrick

3 Restoring Hope After Trauma: Chicago Child Trauma Center Youth Board

Facilitator: Rachel Wax, Survival Wall
Coordinator, Youth Involvement Specialist

4 * Childhood and Adolescent Trauma:

Developmental and Diagnostic Issues; Ellen Lonnquist, MS, LMFT, Womenscare Counseling Center; Beth Katz, MS, EDM, CT, Womenscare Counseling Center; Peter Fink, M.D., Assistant Professor of Psychiatry and Pediatrics, Rush University Medical Center

5 Communities That Have been Traumatized:

Carl Bell, M.D., Acting Director, Institute for Juvenile Research and Professor of Psychiatry and School of Public Health, University of Illinois at Chicago

6 Harnessing the Natural Cycle of Change:

Effective and Successful Treatment of Complex Trauma: Mary Jo Barrett, MSW, Executive Director, The Center of Contextual Change
(Recommended for Professionals)

7 * Treatment Options:

Jonathan Lee, Ph.D., Family Institute at Northwestern University; Micahel Karakashian, Ph.D., LCP, CRC, The Emotion Focused Therapy Institute; Mojgan Makki, M.D., Rush University Medical Center

8 * Trauma and Spirituality:

Rabbi Eleanor Smith, M.D.; Patricia Lindquist, BA, M.DIV., CRSS2, Mental Health Recovery Support Specialist DHS/DMH Region 2

9 * Post Traumatic Stress Disorder and Complex Trauma:

Judith Ierulli, MSW, LCSW, Womenscare Counseling Center; Rachel Schuster, Ph.D., Chicago CBT Center

10 * Trauma and Addiction:

Alison H. Oakes, LCSW, Heartwood Center; Ellen Rosen Kaplan, LCSW; Alison Larkin, LCSW, CADC, Clinical Program Manager, Trilogy Behavioral Health

11 Intimate Partner Violence:

Tom Golebiewski, Ph.D., LCSW, Lake County Abuser Treatment Provider; Josh Heatherington, LMFT, LCPC, Northside Center for Relationship Counseling

12 Veterans and Their Readjustment to Society and Family:

Brittney Bolden, MSMFT, Clinical Fellow Family Institute at Northwestern University; Jeffrey Stebor, LCSW, OEF/OIF/OND, Combat Case Manager Jesse Brown, VA Medical Center

13 Growth/Resilience After Trauma:

Laurie Kahn, MA, MFA, LCPC, Director Womenscare Counseling Center

14 Impact of Trauma on Social Relationships:

David Daskovsky, Ph.D., Senior Psychologist, Yellowbrick

Please note: Six discussion groups will be repeated. If you are interested in attending a second session, you will notice the * by that discussion group, and a space on the registration page to add your second request.

Registration Form

How to Register

Online at www.naomicoheninstitute.org

Mail Completed form to:

**NRC Institute at The Chicago School
325 N. Wells St. Chicago IL 60654**

Name: _____

Organization: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email Address: _____

Discussion Group Session 1

Please give two choices by session #:

1. _____

2. _____

Discussion Group Session 2

Please give one choice by session #:

1. _____

**Please note: We will be providing lunch.
Please check : Turkey _____ Tuna _____ Veggie _____**

Registration Fees:

\$40 before 5/20/2013 \$ _____

\$45 after 5/20/2013 \$ _____

\$10 LCSW, LCPC & CEU (3.5 CEU’s) \$ _____

No Charge IAODAPCA CEU’s (5.5 CEU’s) _____

I would like to make a donation to NRCI to help others attend this conference \$ _____

Total Payment \$ _____

Payment required at time of registration

Method of Payment:

Check: Make checks payable to Naomi Ruth Cohen Institute

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For more information contact us at
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