

2017 Participating Organizations

Advocate Medical Group, Behavioral Health
Aitz Hayim Center for Jewish Living
Am Shalom
Am Yisrael
Angles
Anshe Emet Synagogue
Answers for Special Kids
Apna Ghar
Beth Shalom B'Nai Zaken Ethiopian
Hebrew Congregation
Bethel AME
Chicago Read Mental Health Center
Chicago Sinai Congregation
Child Care Network of Evanston
Columbia College, Dept. of Creative Arts Therapies
Community Counseling Centers of Chicago
Community Mental Health Board
of Oak Park Township
Congregation Beth Am
Congregation Beth Judea
Congregation B'nai Jehoshua Beth Elohim
Congregation B'nai Tikvah
Congregation Emanu-El B'ne Jeshurun
Congregation Or Shalom
Congregation Rodfei Zedek
Congregation Solel
Congregation Sukkat Shalom
Counseling Center of the North Shore
Deborah's Place
Depression and Bipolar Support Alliance
Chicago: Loop Chapter
Des Plaines Police Department
DHS/DMH Region 2
Dillon Consulting
Ebenezer AME Church
Emanuel Congregation
ESAP Coalition
Evanston Community Foundation
Evanston Police/Social Services Department
Evanston Township High School
Evanston Vet Center
Ezra Habonim Niles Township Jewish Congregation
First Presbyterian Church
First United Methodist Church
Gilda's Club Chicago
Glencoe Family Services
Glenview Police Department

Harold Washington College
Haven Youth and Family Services
Heartland Alliance
Ill. Dept. of Human Services/Div. of Mental Health
Illinois Counseling Association
Institute on Disability and Human Development
Interfaith Action of Evanston
Jesse Brown VA
Jewish Reconstructionist Congregation
KAM Isaiah Israel
Kol Hadash Humanistic Congregation
Live Oak
Loyola University of Chicago School of Social Work
McGAW YMCA
Metropolitan Family Services
Mt. Zion Tabernacle Apostolic Church
New Trier High School
Northbrook Police Department
North Shore Congregation Israel
North Shore NAACP
North Shore Senior Center
North Suburban Special Education District
Northeastern Illinois University
Rose Hill Center
Rush University Medical Center
Samaritan Center for Congregations
Second Baptist Church
Shore Community Services
Sibling Leadership Network
Skokie Police Department
St. Nicholas Parish
St. Paul's Lutheran Church of Evanston
Supporting Brothers and Sisters
Temple Beth El
Temple Beth Israel
Temple Chai
Temple Jeremiah
Temple Judea Mizpah
Temple Shalom
Turning Point Behavioral Health Care Center
United Synagogue of Conservative Judaism
Vision for Change
West Suburban Temple Har Zion
Wilmette Police Department
Winnetka Youth Organization
Youth Organization Umbrella
YWCA Evanston, North Shore

Pillars, Benefactors, Patrons & Sponsors

The following are the Pillars, Benefactors, Patrons and Sponsors for this year's conference.
We thank them for their support.

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- Family Action Network
- Family Focus
- Family Institute at Northwestern University
- Goldman Funeral Group
- Tom Golebiewski, Ph.D., Private Practice
- Housing Options
- IL House Representative 9th District Jan Schakowsky
- The Josselyn Center
- The Magrini Family: Rev. Cheryl Magrini, Pete Magrini, John Magrini
- Medicine Induced Suicide Education Foundation
- Mental Health America North Shore
- NAMI Cook County North Suburban
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- Weinstein Piser Funerals
- Womenscare Counseling Center
- Jeff Zacharias, LCSW, Private Practice

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NAOMI RUTH COHEN
Institute for Mental Health Education
at



presents the

Sixteenth Annual Community Conference

“Raising Resilient Children: Prioritizing Their Mental Health”

*“Children can be amazingly resilient,
whether from trauma, developmental delays,
educational struggles or mental illness. They
are young and fragile. Prevention and early
intervention are key to helping our children.”*
– Louis Kraus, M.D.

*“Resilience: The ability to respond to life's
travails with poise and confidence is among
the most valuable gifts.”*
– Mark A. Reinecke, Ph.D.

**Sunday
June 4, 2017
9:30 a.m. - 3:30 p.m.**

**Beth Emet The Free Synagogue
1224 Dempster Street
Evanston, Illinois**

About Our Day and Our Speakers

Welcome to the Naomi Ruth Cohen Institute Community Conference, **“Raising Resilient Children: Prioritizing Their Mental Health.”** This year's conference is designed to not only inform and teach, but also examine the challenges and opportunities facing our children today.

8:30 a.m. – Doors Open

8:30 a.m. – 9:30 a.m. – Registration and Exhibit viewing

9:30 a.m. – Opening Remarks

10:00 a.m. – Panel Presentations

11:45 a.m. – Questions and Answers

12:15 p.m. – First Discussion Group, includes lunch

1:30 p.m. – Reception and Exhibit Viewing

2:15 p.m. – Second Discussion Group

3:30 p.m. – Submit Evaluations and Pick Up CEU Certificates

Please note: Additional Parking and shuttle service is available at Roycemore School, 1200 Davis Street (Asbury and Davis)

There is no fee to attend the conference, however a voluntary fee of \$45 per person would be appreciated. (Early registration is strongly encouraged to secure your discussion group choice.)

This conference would not be possible without the ongoing support of our donors, conference speakers, discussion leaders and volunteers to whom we are deeply grateful.

Marilyn and Larry Cohen
Founders, Naomi Ruth Cohen Institute

This conference, when attended in is entirety, is available for 5 hours of continuing education. The Chicago School of Professional Psychology is licensed in the state of Illinois to provide continuing education programming for counselors and clinical counselors (License Number: 197.000159) as well as social workers (License Number: 159.001036). Participants must attend 100% of the conference in order to obtain a Certificate of Attendance; partial credit is not given for attending a portion of the conference.

Opening Remarks:



Rabbi Eleanor G. Smith, M.D., after ordination in 1993, Eleanor became Assistant then Associate Rabbi at Beth Emet. During her rabbinate she desired to understand the workings of the human body as well as the human spirit. She graduated from the University of Chicago Medical School. She is currently working as an Internist for Northwestern Medicine in Evanston.

Presenters:



Louis Kraus, M.D., is a Women's Board Professor, Chief of Child and Adolescent Psychiatry at Rush University Medical Center and Director of the AARTS Center. Dr. Kraus is also on the American Psychiatric Association Board. Much of his work focuses on child and adolescent psychiatry, the law, and clinical interventions, as well as education work and advocacy for children.



Mark A. Reinecke, Ph.D., is a Professor in the Department of Psychiatry and Behavioral Sciences and Chief of the Division of Psychology at Northwestern University. His research and clinical interests center on understanding and treating depression, suicide, and anxiety among children and adolescents.



Christine Walker, MPPA, is the Founder and President of the Chasing Hope Foundation. Christine was inspired to create the Chasing Hope Foundation as an extension of her work to support families like her own, who are raising a child with autism and related brain disorders. **Schuyler Walker** is a 16 year-old student and advocate. Schuyler made his first trip to the Illinois State House at the age of seven, as part of Autism Lobby Day. Since then, Schuyler has made several trips to Washington, D.C. helping elected and appointed officials better understand issues of mental health, special education and brain research.

Conference Moderator:



Tiffany Masson, Psy.D., is the Chicago Campus Dean of The Chicago School. As Dean, she oversees and advances growth for the institution and is also charged with positioning TCSP as a national and international leader in learning.

Discussion Groups (All are eligible for CEU's)

1 Depression and Anxiety in Children and Teens: Rachel Fischer, LCSW, Compass Health; Bryan Simmons, MA, LCPC, NCC, Compass Health

2 Children Who Learn and See the World Differently: Ellen Lonquist, MS, LMFT, Womenscare Counseling; Molly Losh, Ph.D., Northwestern University; Jennifer Kelber, LCSW, Parent

3 Grief and Loss in Children: Traumatic Loss vs. Building Resilience: David Daskovsky, Ph.D., Yellowbrick; Judy Schiffman, Ph.D., Barr-Harris Children's Grief Center

4 How Violence Affects the Lives of Our Children and Communities: Moderator: Colleen Cicchetti, M.Ed., Ph.D., Director, Center for Childhood Resilience, Lurie Children's Hospital of Chicago; Candy Malina, LCSW, Thresholds; Robyn Kane, JD, Assistant Public Guardian, Cook County Public Guardian Office

5 Early Childhood: Right From the Start, What Parents Need to Know: Ashley Bennett, The Chicago School; Tulio Otero, Ph.D., The Chicago School; Kathy Kaberon, Beth Emet Early Childhood Director

6 Eating: Positive Relationships with Food: Carole Hynes, RN, MSN, CS, Program Manager Department of Psychiatry, Evanston Day School, NorthShore University Health System; Brittany Statler, LCSW, Insight Behavioral Health

7 A Changing Society: Children at the Intersection of Mental Health, Gender Identity and Sexual Orientation: Jeff Zacharias, LCSW, New Hope Recovery

8 How Can Schools Help my Child's Behavioral and Educational Needs: Know Your Rights and Resources: Nilufar Rezai, Personalized Learning SEL Specialist, Chicago Public Schools; Jennifer Pearson, M.Ed., MESA, Glenbrook High Schools, #225

9 The Positive Role of Community Connections: Moderator: Peter Illing, MSW, Boy Scouts; Harvey Saver, MSW, Evanston American Youth Soccer Organization; Blair McAnany, LCSW, Girl Scouts; Abigail Backer, Beth Emet Youth Group

10 Let's Land the Helicopter: How to Allow Your Child to Take Risks: Christine Somervill, Ph.D., Director, NAMI CCNS

11 The Child's Experience with a Military Parent: Deployment or Fallen: Eric Proescher, Psy.D., Jesse Brown VA Medical Center

12 Coping With Thoughts and Emotions: Mindfulness and Drumming: Alissa Catiis, MA, LCSW, Womenscare Counseling; Linda Schneider, J.D., M.F.A., Heartland Rhythms

13 Digital Kids: How Children Can Learn to Use Social Media in a Positive Manner: Moderator: James Walsh, Ph.D., Professor and Department Chair, The Chicago School; Emily Kaufman, Jacob Tickle, Students, The Chicago School

14 Straight Talk About Teen Drug Use and Sexuality: Nina Henry, LCPC, CADC, Jewish Child and Family Services; Leah Brennan, LMFT, CADC, Private Practice

15 The Power of Spirituality: Cantor Susan Lewis Friedman, Beth Emet Synagogue; Robert Skrocki, Faith Community Consultant, Samaritan Center for Congregations

16 The Role of Peers: Friends, Partnering, Bullying and Enhancing Identity: Kortney Peagram, Ph.D., The Chicago School; Tom Golebiewski, Ph.D., Private Practice

17 The Long Term Success of Therapy and Medication for Children: Thomas Hartman, M.D.; Toya Roberson, M.D., Insight Behavioral Health

18 What I Wish You Knew: Kids' Advice to Parents: Sharon Weingarten, MSW; Members of the Teen Youth Advisory Board, Mental Health America of the North Shore

19 Building Cultural Competence: African Americans, Latinos: Moderator: Willis Francis, MA, LCPC, Heartland Alliance; Sylvia Corcoran LCSW; Gregory Benson-Florez, Ph.D., The Chicago School; Mayra Chacon, MA, The Chicago School; Fakelia Guyton, MA, Program Director, Du Page Early Childhood Collaboration

Registration Form

Register Online at:
www.nrcconference2017.eventbrite.com
Or Mail Completed Form to:
**NRC Institute at The Chicago School
325 N. Wells St., Chicago, IL 60654**

Name: _____

Organization: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email Address: _____

Please give three choices for discussion group by # (each discussion group will be offered twice)

1. _____

2. _____

3. _____

Please note: We will be providing lunch
Please check : Turkey _____ Tuna _____
Veggie _____ No Lunch _____

Registration Fees: (full refunds through 5/26)
Suggested Fee: \$45 \$ _____
Other \$ _____
\$20 LCSW, LCPC, CEU (5) \$ _____
No Charge IAODAPCA CEU'S (5.25) _____

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For more information contact us at
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