

2014 Participating Organizations

A Safe Place
 Advanced Neurodiagnostics - Institute for Clinical Applied Neuroscience
 Advocate Medical Group
 Aitz Hayim Center for Jewish Living
 Am Shalom
 Am Yisrael
 Anshe Emet Synagogue
 Apna Ghar
 Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation
 Beyond OCD
 Broadway Youth Center
 CARA Program
 Center for Anxiety and Traumatic Stress, Rush University Medical Center
 Chicago Jewish Funerals
 Chicago Metropolitan Battered Women's Shelter Network
 Chicago Read Mental Health Center
 Chicago Sinai Congregation
 Chicago Veterans Resource Center
 Chicago Women's Health Center
 Chiro One
 Columbia College Chicago: Dance Movement Therapy
 Community Counseling Centers of Chicago
 Community Mental Health Board of Oak Park Township
 Congregation B'nai Joshua Beth Elohim
 Congregation B'nai Tikvah
 Congregation B'nai Torah
 Congregation Beth Am
 Congregation Beth Judea
 Congregation Emanu-El B'Ne Jeshurun
 Congregation Or Shalom
 Congregation Rodfei Zedek
 Congregation Solel
 Congregation Sukkat Shalom
 Deborah's Place
 Dillon Consulting
 Ebenezer AME Church
 Elmhurst College
 Emanuel Congregation
 ESAPC
 Evanston Police Dept
 Evanston Township High School
 Evanston Vet Center
 Family Service of Winnetka
 Glencoe Family Services

Glenview Police Dept
 Grace Lutheran Church
 Haven Youth and Family Services
 Heartland Human Care Services
 Heartwood Center for Body Mind Spirit
 Highland Park High School
 Housing Options
 Illini Care Health Plan
 Illinois Army National Guard
 Illinois Counseling Association
 Illinois DHS Division of Mental Health
 Institute for Disability and Human Development
 Institute for Therapy Through the Arts
 Interfaith Action of Evanston
 Jesse Brown VA
 Jewish Reconstructionist Congregation
 Josselyn Center
 Kol Hadash Humanistic Congregation
 Live Oak, LLC
 McGaw YMCA
 Mental Health America North Shore
 Mental Health America of Illinois
 Metropolitan Family Services
 Mt. Zion Tabernacle Apostolic Church
 NAACP Evanston North Shore Branch
 New Trier High School
 Niles Family Services
 North Shore Congregation Israel
 North Shore Senior Center
 Northeastern Illinois University
 Passages Counseling Center
 Rose Hill Center
 Samaritan Counseling Center
 Second Baptist Church
 Skylight Counseling Center
 Sojourner Covenant Church
 St. Nicholas Parish
 St. Paul's Lutheran Church
 Supporting Brothers and Sisters
 Temple Beth El
 Temple Beth Israel
 Temple Chai
 Temple Jeremiah
 Temple Judea Mizpah
 Temple Shalom
 The ARK
 The Lilac Tree
 Turning Point
 West Suburban Temple Har Zion
 Womencare Counseling Center

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 We thank them for their support.

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 325 N. Wells St. Chicago, IL 60654 312-467-2552

Thirteenth Annual Community Conference



*Suicide:
 Responding and Creating Hope*

*Making a difference in the lives
 of those at risk and
 in the lives of survivors.
 Providing an opportunity to explore
 and analyze the latest knowledge
 and developments.*

**Sunday
 June 1, 2014
 10:00 a.m. - 3:30 p.m.**

**Beth Emet The Free Synagogue
 1224 Dempster Street
 Evanston, Illinois**

About Our Day and Our Speakers

Welcome to the Naomi Ruth Cohen Institute Community Conference on Suicide.

It is important to ensure all voices of those affected by the tragedy of suicide are included in the effort to create a fully effective movement to prevent suicide.

Doors open at 9:00 a.m. for registration and exhibit viewing. The program begins at 10:00 a.m. with Father Charles T. Rubey, followed by presentations from Dr. Cheryl King, Dr. David Clark and Heidi Bryan. After a Q and A session, the first discussion group over lunch will begin at 12:15 p.m. Exhibits and a dessert reception follow. The second discussion group begins at 2:15 p.m.

Please note: Each discussion group will be offered twice.

Additional parking and shuttle service is available at Roycemore School, 1200 Davis St., at Asbury and Davis St.

This conference would not be possible without the ongoing support from our donors, conference sponsors, speakers, discussion leaders and volunteers to whom we are deeply grateful.

Marilyn and Larry Cohen
Founders, Naomi Ruth Cohen Institute

The Naomi Ruth Cohen Institute for Mental Health Education at The Chicago School of Professional Psychology reduces the stigma of mental illness through education and research. The Institute provides resources, hope and community to those who struggle with mental illness and those who support them.

Spiritual Message:



Father Charles T. Rubey, MSW, is the Founder and Director of LOSS, Loving Outreach to Survivors of Suicide. He created this unique ministry that brings together people to support one another at a time when they feel irreparably broken. Through LOSS, Father Rubey's talents have touched people around the world.

Panelists:



David Clark, Ph.D., Assistant Dean for Clinical Research and Professor of Psychiatry, Behavioral Medicine, Bioethics and Population Health at The Medical College of Wisconsin. He is a Founding Fellow of the Academy of Cognitive Therapy and a member of the International Academy for Suicide Research.



Cheryl King, Ph.D., Professor in the Department of Psychiatry and Psychology, and Director of the Institute of Human Adjustment at the University of Michigan. She is also Director of the Youth Depression and Suicide Research Program. Dr. King has published widely on youth suicide prevention.



Heidi Bryan is a suicide attempt survivor who lost her brother to suicide in 1995. She currently serves on the National Action Alliance for Suicide Prevention, Suicide Attempt Survivor-Task Force and the National Suicide Prevention Lifeline Consumer Survivor Subcommittee. Heidi is also the author of *Must be the Witches in the Mountains*, a book on grief after suicide.

Conference Moderator:



Michael Horowitz, Ph.D., President of TCS Education System. He leads a consortium of non profit professional colleges that include Dallas Nursing Institute, Pacific Oaks College and Children's School, Saybrook University, The Chicago School of Professional Psychology, Santa Barbara and Ventura College of Law.

Discussion Groups

1 LGBTQ Issues:

Mark Lynn, Ph.D., The Family Institute at Northwestern University; Laura Wresinski, AMFT, The Family Institute at Northwestern University

2 Adjustment to Loss From Suicide - Family Members:

Lara S. Effland, LCSW, Insight Behavioral Health Centers; Charlotte Mallon, LCSW, Jewish Child and Family Services

3 Dealing With the Loss of a Friend or Colleague:

Tom Golebiewski, Ph.D.

4 Assessment and Treatment for a Person at Risk:

John Calamari, Ph.D., Professor and Chair Rosalind Franklin University; Adia Gooden, Ph.D., The Family Institute at Northwestern University

5 Cultural Differences and Attitudes Toward Suicide Prevention:

Anita Mandley, MS, LCPC, Center for Contextual Change; Mayra Chacon, MA, Director, Center for Latino/a Mental Health, The Chicago School of Professional Psychology; Moderator: Patricia Arredondo, Ed.D., President of Chicago Campus, The Chicago School of Professional Psychology

6 Community Response to Suicide:

Carol Gall, MA, Sarah's Inn; Candice Hughes, Ph.D., Associate Professor, The Chicago School of Professional Psychology

7 Recognizing Signs of Someone in Crisis:

Jodie Segal, MSW, Director of Education, Elyssa's Mission; Katie Mason, MA, LPC, Program Director of Public Education, MHAI

8 Suicide and Veterans:

Dawn Dudek, LCSW, Jesse Brown VA; Tim Burnett, MA, The Chicago School of Professional Psychology

9 "What I Wish My Parents Knew" Adolescent Panel Speaks:

Peggy Kubert, MA, LCSW, Director Erika's Lighthouse; Danielle Black, Ph.D., Director of Child and Adolescent Services, The Family Institute at Northwestern University

10 Mindful Approaches to Prevention and Healing:

Nancy Perlson, LCSW, Registered Yoga Teacher

11 Alcohol and Other Drugs and Suicide:

Kate Mahoney, LCSW, Director PEER Services; Carla Craig, LCSW, President Illinois Chapter, The American Foundation for Suicide Prevention

12 How Spirituality Can Help Us Find Value in Life:

Rabbi Julie Pelc Adler, Aitz Hayim Center for Jewish Living; Reginald Richardson, Ph.D., The Family Institute at Northwestern University, Elder at Hyde Park Seventh-Day Adventist Church Chicago

13 Suicide in Older Adulthood:

Martha Holstein, Ph.D.; David Fireman, LCSW, Director, Center for Grief Recovery and Creativity

14 Internet and Social Media; Risk and Reward:

Eric Crabtree Nelson, LCSW, Response Center, JCFS; Sarah Casper, MA, Response Center, JCFS

15 Useful Skills to Regulate Emotions and Reduce Risk of Suicide:

Paula Young, Ph.D., The Family Institute at Northwestern University

16 Developing a Community and School Based Teen Suicide Prevention Program:

Mark Reinecke, Ph.D., Professor of Psychiatry Northwestern Feinberg School of Medicine

17 Suicide and the Brain: Current Neuro-Scientific Understanding:

David Hamilton, M.D., Associate Medical Director, Yellowbrick

18 Suicide and the Aftermath in Emerging Adulthood:

David Daskovsky, Ph.D., Yellowbrick

Registration Form

Register Online at:

www.Nrciconference2014.eventbrite.com

Or Mail Completed Form to:

**NRC Institute at The Chicago School
325 N. Wells St. Chicago IL 60654**

Name: _____

Organization: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email Address: _____

Please give three choices for

discussion group by #

(each discussion group will be offered twice)

1. _____

2. _____

3. _____

Please note: We will be providing lunch.

Please check : Turkey _____ Tuna _____

Veggie _____ No Lunch _____

Registration Fees:

\$40 before 5/15/2014 \$ _____

\$45 after 5/15/2014 \$ _____

\$20 LCSW, LCPC, CEU (4.5 CEU'S) \$ _____

No Charge IAODAPCA CEU'S (4.75 CEU'S) _____

I would like to make a donation to NRCI to help

others attend this conference \$ _____

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Payment required at time of registration

Method of Payment:

Check: Make checks payable to Naomi Ruth

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For more information contact us at

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