

LGBT Suicide

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VIDEO

STATISTICS

According to GLSEN (2003):

9 out of 10 youth experience homophobic remarks such as “Fag and Queer” based on sexual orientation

2 of 10 have experienced physical harassment or sexual assault based on sexual orientation

2 of 10 youth report having heard antigay remarks from school faculty, including teachers.

5 of 10 youth report the presence of school faculty when experiencing prejudice from other students.

STATISTICS

Gay teens are 8.4 times more likely to report having attempted suicide and 5.9 times more likely to report high levels of depression compared with peers from no or low levels of family rejection.

LGBT youth who report higher levels of family rejection during adolescence are 3x more likely to use illegal drugs.

Half of gay males experience a negative parental reaction when they come out and in 26% of those cases the youth were kicked out of their home.

Research indicates that 25-50% of homeless youth identify as LGBT.

Suicide is the leading cause of death of LGBT youth..

STATISTICS

30.1% of transgender youth have attempted suicide.



I'M GLAD I FAILED

**...AT SUICIDE,
BECAUSE MY LIFE
IS SO AMAZING NOW.**

 *The Trevor Project*
THE TREVOR HELPLINE.ORG

WHY?

Why do you think LGBT community is at significant higher risk for suicide than their heterosexual counterparts?

WHY?

- Rejection
- Isolation
- Not wanting to be LGBT
- Shame
- Discrimination
- Internalized Homophobia
- Prejudice
- Religious Persecution
- Institutionalized oppression

Physiological Experiences

DeFeo (2008) Study

- The Impact of Gay-Related Stress on Autonomic Arousal and Mood in Gay Male Youth, ages 14-24.

Gay-Related Stress

Occurs when individuals are exposed to stressors that are based upon their sexual orientation (Meyer, 1995).



Physiological Measures

Diastolic Blood pressure

Systolic Blood Pressure



Heart Rate



LF/HF Ratio (Sympathovagal Dominance)

JUNE, 2008

RESULTS

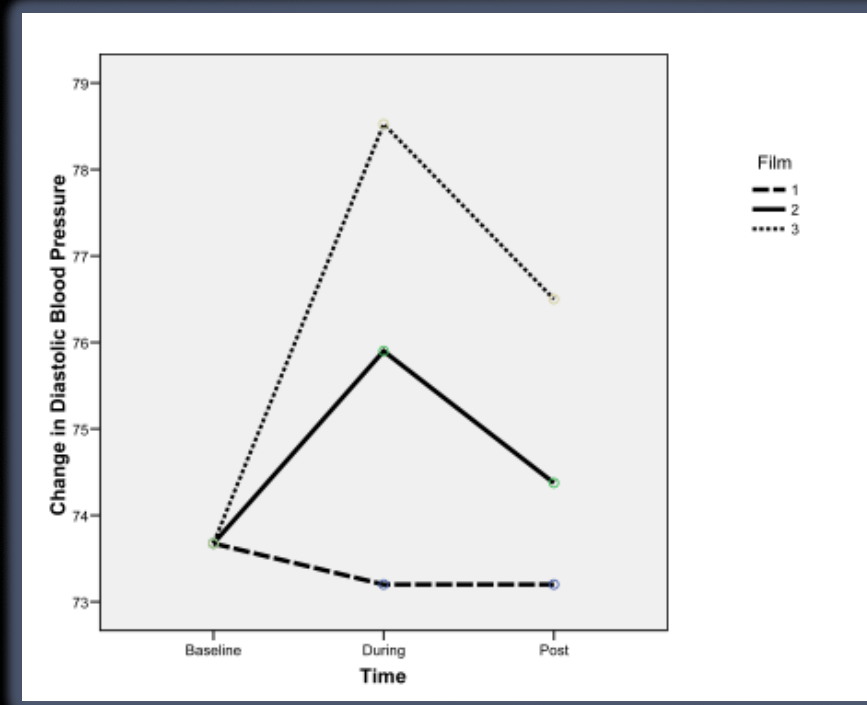


JUNE, 2008

Diastolic Blood Pressure

Hypothesis I: Gay youth will have significantly greater diastolic and systolic blood pressure when viewing the antigay film clip than when they view the general stress and neutral film clips.

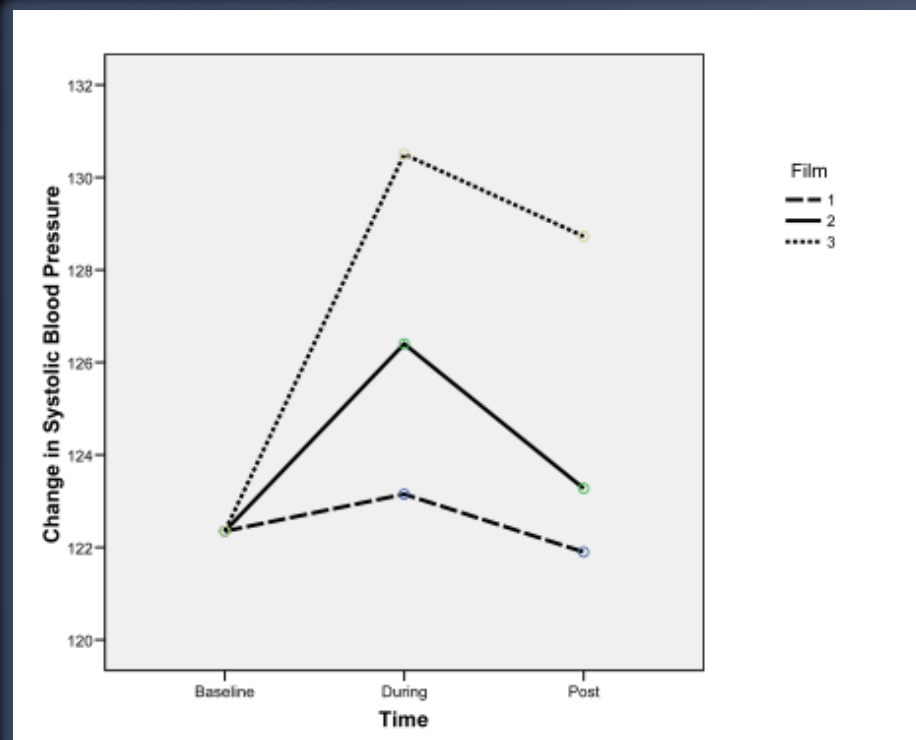
CONFIRMED



Systolic Blood Pressure

Hypothesis I: Gay youth will have significantly greater diastolic and systolic blood pressure when viewing the antigay film clip than when they view the general stress and neutral film clips.

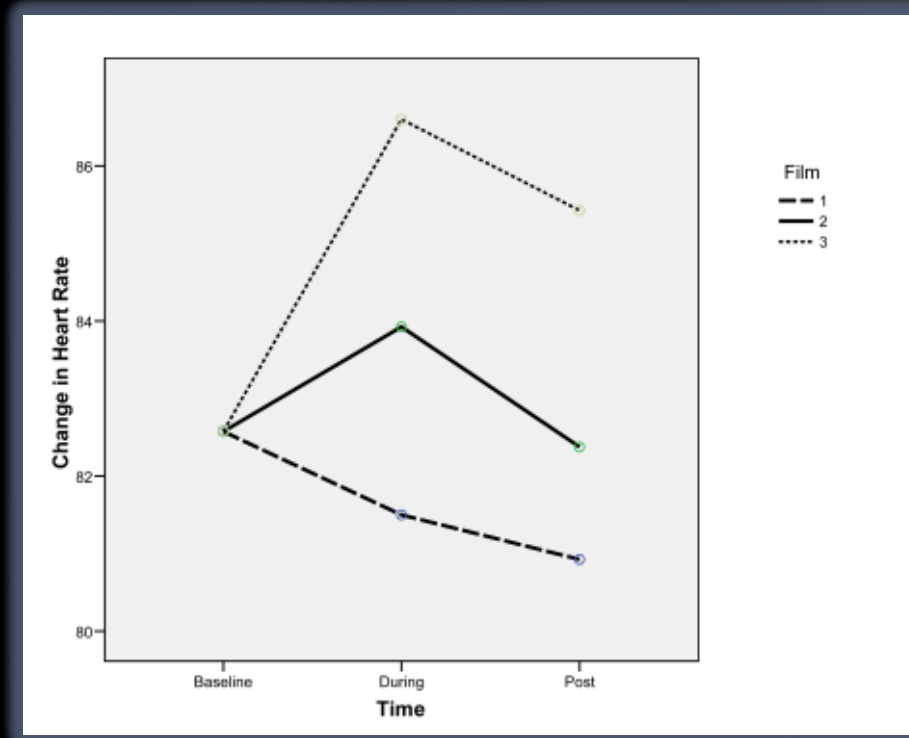
CONFIRMED



JUNE, 2008

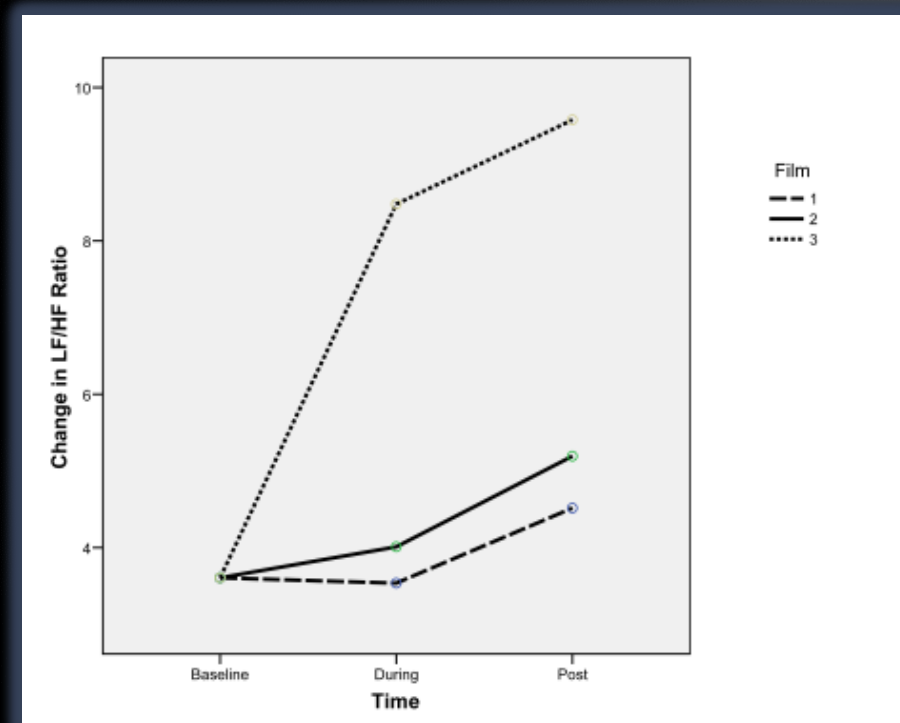
Heart Rate

Hypothesis II: Gay youth will have a significantly higher heart rate when viewing the antigay film clip than when they view the general stress and neutral film clips. **CONFIRMED**



LF/HF Sympathovagal Dominance

Hypothesis III: Gay youth will have a significantly higher LF/HF ratio when viewing the antigay film clip than when they view the general stress and neutral film clips. **CONFIRMED**



SUICIDE PREVENTION

Education Education Education!

Providing Safe Places

Setting the Environment

Catch the Signs!!

Engage in Anti-Bullying Campaigns

Donate your Time

Educate yourself about the LGBT community and Coming Out

RESOURCES

1800-SUICIDE

Trevor Lifeline- 866-488-7386

National Suicide Prevention Hotline 1-800-273-8255

