

Serving Military Veterans:

Understanding Their Experiences & Clinical Implications

Friday April 11, 2014

8:30am to 4:00pm

(Lunch will be provided)

325 N. Wells St. Chicago, IL 60654 Floor 4, Room 407 & 412

A seminar sponsored by The Chicago School of Professional Psychology & The Student Association of Military Mental Health (SAMMH)



TheChicagoSchool[™]
of Professional Psychology
Office of Continuing Education

Co-sponsors: Naomi Ruth Cohen Institute for Mental Health Education & Career Services Department at The Chicago School of Professional Psychology



PRESENTER: Dr. John Mundt is a Licensed Clinical Psychologist and professional speaker. His primary professional focus is on veterans' mental health issues, particularly the range of problems impacting the returning veterans from Iraq and Afghanistan. Dr. Mundt has been a Staff Psychologist at the Jesse Brown VA Medical Center since 1992, providing both long-term and time-limited psychotherapy, as well as psychological assessment and case management for veterans. Since 1996, Dr. Mundt has been the psychologist in the Medical Center's acute-care partial hospitalization program, with a focus on the stabilization and brief treatment of traumatic reactions stemming from combat, sexual assault, inner-city violence and other types of trauma.

PROGRAM DESCRIPTION:

Participants will learn about mental health concerns among the newest generation of combat veterans returning from deployment in Iraq and Afghanistan. More than two million military service personnel have deployed post-9/11. The prevalence of mental health concerns among this population is significant. The primary goals of this workshop are to provide information about: 1.) The ways in which PTSD and other mental health concerns manifest among veterans, and 2.) The ways in which modern warfare impacts post-deployment reintegration into society and the family unit upon "homecoming." Emphasis will be placed on understanding typical deployment experiences. Basic information will be provided about Traumatic Brain Injury, substance abuse, suicidal behavior, and other common challenges that should be considered when conducting assessment and treatment. Treatment approaches will be discussed with emphasis on a pragmatic approach to clinical work.



REGISTER ONLINE AT: <http://servingmilitaryveterans.eventbrite.com>

COST:
Students: \$25.00
Professionals non CEU's: \$40.00
Professionals with 6 CE's or CEU's: \$60.00

**** EARLY BIRD SPECIAL \$10.00 OFF PRICE LISTED ABOVE ****
(Early Bird Special ends March 7, 2014)

REFUND POLICY: 75% of tuition is refundable up to 7 days before program. Within 7 days of program, tuition is nonrefundable. A 100% refund will be issued if the program is cancelled due to unforeseen circumstances.

Space is limited - Please register soon!

For Additional Questions Please Contact: SAMMH@ego.thechicagoschool.edu

LEARNING OBJECTIVES:

After participating in this program, participants will be able to:

1. Discuss the prevalence, etiology, and clinical presentation of PTSD in this population.
2. Name the typical warzone experiences of today's combat veteran.
3. Describe their relationship with subsequent symptoms and behavior problems.
4. Discuss special considerations that apply when working clinically with combat veterans.
5. Identify at least three challenges that may interfere with treatment planning.

PROGRAM OUTLINE:

8:30 **REGISTRATION** (Refreshments provided)

9:00 The New Veterans: Who Are They?

- Demographic and statistical data
- Prevalence of PTSD and other mental health problems
- How, when, & where new veterans present for treatment
- Impact of deployment/homecoming on family and partners

9:40 The War Zone Experience: What Have They Been Through?

- The combat veteran's experience in Iraq and Afghanistan
- Military Sexual Trauma (MST)
- Other sources of non-combat military trauma

10:45 **BREAK**

11:00 Homecoming: What Next?

11:45 **LUNCH** Provided by



12:30 PTSD in the Returning Veterans: What Does It Look Like?

- DSM-5 PTSD Criteria as manifested in returning combat vets
- Related symptoms and syndromes

1:45 Treatment Issues: What Do They Need?

- Special assessment considerations
- Common therapist errors
- A Common-sense approach to treating combat veterans
- Summary of commonly used approaches
- Medication issues for the non-prescriber

3:00 **BREAK**

3:10 Challenges to Treatment: What Can Go Wrong?

- Sub-cultural considerations
- Other psychiatric problems
- Traumatic Brain Injury (TBI)
- Substance Abuse
- Suicide
- Violence and Aggression
- Malingering

4:00 Adjournment & Evaluation



CONTINUING EDUCATION and CONTINUING EDUCATION UNITS:

For Psychologist. This program when attended in its entirety is available for 6 continuing education credits. The Chicago School of Professional Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Chicago School of Professional Psychology maintains responsibility for this program and its content. The Chicago School of Professional Psychology is committed to accessibility and non-discrimination in its continuing education activities. The Chicago School of Professional Psychology is also committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns, and any complaints to Daniella Pettinari at 585-329-6883. All presenters will discuss the utility/validity of the content/approach discussed including the validity and utility as well as the limitations of the approach and the most common (and severe) risks as relevant. **For LCPC, LCP, LCSW, MFT:** This program, when attended in its entirety, is available for 6 continuing education credits.

ADA Needs: Contact Saida Bonifield at sbonifield@thechicagoschool.edu at least a week prior to event for accommodations.